Stringimi Piu Forte

拍数: 64

墙数: 2 级数: Phrased Intermediate

编舞者: Sandrine ROCAFULL (FR) & Sandro PEIS (FR) - August 2024

音乐: Stringimi Più Forte - Giordana Angi

SEQUENCE : A,B,B,A /A restart / B,B /A restart / B,B

**2 Restarts: face to 12:00 after 28 counts on the 3rd and 4th A.

Intro : 32 counts

PARTIE A : (Part A always starts at 12:00 and always ends at 12:00)

Section 1 : FULL DIAMOND RIGHT

- 1&2 Cross RF over LF step LF to L side turn 1/8 R stepping RF back [1:30]
- 3&4 Step LF back turn 1/8 R stepping RF to R side turn 1/8 R stepping LF forward [4 :30]
- 5&6 Step RF forward turn 1/8 R stepping LF to L side turn 1/8 R stepping RF back [7:30]
- 7&8 Step LF back turn 1/8 R stepping RF to R side turn 1/8 R stepping LF forward [10h30]

Section 2: CROSS SAMBA R & L- R DIAGONAL ROCK STEP FWD, RECOVER - R BACK FULL TURN

- 1&2 Cross RF over LF step LF to L side Step RF slightly forward
- 3&4 Cross LF over RF step RF to R side Step LF slightly forward
- 5-6 Right foot forward diagonally on to L ^K (with body weight on RF) Recover weight on to LF [10h30]
- 7-8 Make ½ turn to the right + step RF forward [4 :30] Make ½ turn to the right + step LF back [10h30]

Section 3 : R LUNGE with arms movement - R BACK FULL TURN- COASTER STEP with 1/8 T (diagonally to the right: Lunge on 4 accounts)

- 1-2 Make ¼ turn to the right ↗- [1:30] Step RF forward (with body weight on RF)and bend the R leg, L leg extended back
- (arm movement : raise your head and raise both arms sideways, palms facing up [of 2 time])
- 3-4 Recover weight on to LF [of 2 time])

(arm movement : finished raising the arms forward as if to dive and lowering the arms pulling them towards the body, lowering the head)

- 5-6 Make ½ turn R stepping RF forward [7:30] + make ½ turn R stepping LF back [1:30] (easy option : Step back RF- Step back LF always diagonally)
- 7&8 Step back RF Step left next to right with 1/8 turn to right- Step RF forward [3:00]

Section 4 : L ROCK STEP FWD RECOVER- ¼ turn to L, CHASSE- R CROSS SAMBA – L CROSS – R BRUSH

1-2 Rock left forward - Recover weight onto right

3&4 Make ¼ turn to L - Step left to left - step right beside left - step left to left [12:00]

- THE 2 RESTARTS ARE HERE (facing12:00): 1st restart at 3 rd A- 2nd restart at 4th A
- 5&6 Cross RF over LF step LF to L side Step RF slightly forward
- 7-8 Cross LF over RF Brush the floor with the sole of RF forward

PARTIE B :

Section 1: R CROSS ROCK RECOVER- R TRIPLE FULL TURN- L ROCK RECOVER – JUMP BACK L&R- L BACK

- 1-2 Slightly cross rock right over left recover weight onto left
- 3&4 Triple full turn right stepping right left right
- 5-6 Rock forward on left recover weight onto right
- &7-8 Jump back and out on left, Jump back and out on right- Step back LF





墙数:

Section 2: SAILOR STEP R & L – R CROSS ROCK RECOVER – ¼ T WALKS R & L

- 1&2 Cross right behind left Step left to left side- Step right to right side
- 3&4 Cross left behind right- Step right to right side- Step left to left side
- 5-6 Cross rock right over left recover weight onto left
- 7-8 Make ¼ turn to R Walk forward RF Walk forward LF [3H00]

Section 3: ANCHOR STEP- SWEEP BACK- SWEEP BACK- COASTER STEP -R STEP TURN 1/2 to L

- 1&2 Lock right behind left Step weight onto left Step slightly back on right
- &3&4 sweeping LF back and forth back LF Sweeping RF back and forth Back RF
- 5&6 Step back on left Step right next to left- Step forward on left
- 7-8 Right step forward- Turn ½ left [9H00]

Section 4: R STEP FWD- PIVOT ¼ to L- CROSS SHUFFLE- L SIDE ROCK RECOVER- L CROSS – R BRUSH

- 1-2 Right step forward- Turn 1/4 left [6:00]
- 3&4 Cross right over left Step left to left Cross right over left
- 5-6 Rock left to left side- recover weight onto right
- 7-8 Cross LF over RF Brush the floor with the sole of RF forward

HAVE FUN & ENJOY !!!