AB Modern Cinderella

级数: Absolute Beginner

编舞者: Charlotte Steele (SA) - August 2024

音乐: Cinderella Girl - Modern Talking

This dance can be done as a floor split with Improver level dance, Modern Cinderella. Intro: 16 counts after start of introductory music.

Sec.1 Side-Together, Side-Touch: R-L

- 1-2 Step R to right side, step L next to R
- 3-4 Step R to right side, touch L next to R
- 5-6 Step L to left side, step R next to L
- 7-8 Step L to left side, touch R next to L (12:00)

Sec.2 Rumba Box Back-Scuff.

拍数: 32

- 1-2 Step R to right side, step L next to R
- 3-4 Step R back, touch L next to R
- 5-6 Step L to left side, step R next to L
- 7-8 Step L forward, scuff R forward (12:00)

Sec.3 K-Step, Scuff.

- 1-2 Step R forward to right diagonal, touch L next to R
- 3-4 Step L back to left diagonal, touch R next to L
- 5-6 Step R back to right diagonal, touch L next to R
- 7-8 Step L forward to left diagonal, scuff R forward (12:00)

Sec.4 Rocking Chair. Jazz Box 1/4 Turn Right. (***1-wall Option)

- 1-2 Rock/step forward on R, recover back onto L
- 3-4 Rock/step back on R, recover forward onto L (12:00)
- 5-6 Cross step R over L, step L back
- 7-8 Turn ¼ right and step R to right side, step L forward (3:00)

Start Again

EASY TAGS: There is a 4-count musical bridge at the end of Wall 4 and Wall 8. Either HOLD FOR 4 COUNTS – or 1-2 SWAY RIGHT-HOLD; 3-4 SWAY LEFT-HOLD – then restart the dance.

***OPTION: Instructors could start off teaching this dance as a 1-WALL DANCE by eliminating the 1/4 turn in the Jazz Box.

Once the class feels confident, add in the 1/4 turn to make it a 4-WALL DANCE.

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Last Updated: 21 August 2024





墙数:4