

Rampapapam

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Indrawati Damanik (INA) - August 2024
音乐: Rampapapam (feat. Lord Panamo) - Desh, Young Fly & Azahriah



Start dance on vocal – No Tags No Restarts

SEC 1. MAMBO CROSS (R – L), JAZZ BOX

1 & 2 rock cross RF over LF, recover on LF, step RF to R
3 & 4 rock cross LF over RF, recover on RF, step LF to L
5 – 8 cross RF over LF, step LF back, step RF to R, step LF fwd

SEC 2. SIDE, CLOSE (2X), WAEVE, TURN 1/4 L

1 – 2 step RF to R, step LF beside RF
3 – 4 repeat
5 – 6 cross RF over LF, step LF to L
7 – 8 cross RF behind LF, turn 1/4 L, step LF fwd

SEC 3. MAMBO FORWARD, MAMBO BACK, PIVOT 1/2 TURN L, SHUFFLE

1 & 2 rock RF fwd , recover on LF, step RF back
3 & 4 rock LF back, recover on RF, step LF fwd
5 – 6 step RF fwd, turn 1/2 L, weight on LF
7 & 8 step RF fwd, step LF beside RF, step RF fwd

SEC 4. PIVOT ½ TURN R, SHUFFLE, V STEP

1 – 2 step LF fwd, turn ½ R weight on RF
3 & 4 step LF fwd, step RF beside LF, step LF fwd
5 – 8 step RF to R diagonal fwd, step LF to L diagonal fwd, step RF back to center, step LF beside RF

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Happy Dancing.....