I Can't Get You Off My Mind

级数: Improver

编舞者: Mary Pentangelo (USA) - August 2024

音乐: Freedom - Harper Grace & Kelsey Hart

Intro is 44 counts - Starts with right foot, weight on left

拍数: 32

[1-8] RF Heel Dig, RF Diagonal, Cha-Cha, LF Rock Recover, LF ¾ Turn, LF Step Back

- 1&2&3 RF heel dig, RF step forward diagonal, LF step next to RF, RF step forward diagonal
- 4-5 LF rock forward at diagonal, recover on RF
- 6-8 3-count ³/₄ turn over left shoulder, LF step, RF step, end with LF step back at end of turn

[9-16] RF Coaster, LF Forward Cha-Cha, RF Diagonal Step Drag, LF Diagonal Step Drag

- 1&2 RF step back, LF step next to RF, RF step forward
- 3&4 LF step forward, RF step next to LF, LF step forward
- 5-6 RF big step forward at right diagonal dragging the left foot together with RF
- 7-8 LF big step forward at left diagonal dragging the right foot together with LF

[17-24] RF Diagonal Grapevine with 1/4 Turn Hitch, LF Diagonal Grapevine with 1/8 Turn Hitch

- 1-4 RF back grapevine on diagonal, LF 1/4 hitch over left shoulder, Step RF side, LF cross behind RF, RF step side, LF 1/4 Hitch to the opposite diagonal
- 5-8 LF back grapevine on diagonal, RF 1/4 hitch over right shoulder, Step LF side, RF cross behind LF, LF step side, RF 1/8 Hitch to the straighten out

TAG: Happens on Wall 4 after diagonal grapevines

[1-4] RF steps out to side, hold a count, RF steps next to LF hold a count

RESTART: Happens on Wall 8 after diagonal grapevines

[25-32] RF Heel Jack, LF Heel Jack

- 1-2 RF step side, LF cross in front of RF
- 3&4 LF touch heel out to left
- 5-6 LF step side, RF cross in front of LF
- 7&8 RF touch heel out to right

Thank you for checking out my dance! www.heartandsoullinedance.com

Last Update: 20 Aug 2024





墙数:4