AB Turning K-STEP



拍数: 32 墙数: 4 级数: Absolute Beginner

编舞者: Sue Korek (USA) - 19 August 2024 音乐: My Sweet Lord - George Harrison

或: Cold Heart (PNAU Remix) - Elton John & Dua Lipa



No tags or restarts

Introduction: 32 counts

Begin with weight on left (L) foot

Enjoy the crazy turning K-STEP!

Please consider creating a TEACH or DEMO video for this fun dance!

SECTION 1 (TWO STEP KICKS, FORWARD, BACKWARD)

1-2	Step R forward, kick L to the right diagonally
3-4	Step L forward, kick R to the left diagonally
5-6	Step R backward, kick L to the right diagonally
7-8	Step L backward, kick R to the left diagonally

SECTION 2 (BACK RIGHT RUMBA BOX WITH BRUSH)

1-2	Step R to right side, step L beside R
3-4	Step R backwards, touch L beside R
5-6	Step L to left side, touch R beside L

7-8 Step L forward, brush R

SECTION 3 (TURNING K-STEP WITH CLAPS)

1-2	Step R diagonally forward, touch L beside R
3-4	Step L diagonally backward, touch R beside L
5-6	Step R ¼ turn right, touch L beside R

7-8 Step L to the left, brush R

SECTION 4 (TWO ROCKING CHAIRS)

1-4 Rock R forward, recover on L, rock R back, recover on L
5-8 Rock R forward, recover on L, rock R back, recover on L

I hope you have fun with this dance!

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