

Wasted Time

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Katarina Sherrina (INA), Marchy Susilani (HK) & Abadi Haria (INA) - August 2024
音乐: Wasted Days and Wasted Nights - Freddy Fender



NO TAG & NO RESTART
START ON WORD "NIGHTS"

S1. LINDY STEP, ¼R. LINDY STEP

1&2. Step RF to R side, Step LF next to RF, Step RF to R side
3 4. Rock LF behind RF, Recover on RF
5&6. Step LF to L side, Step RF next to LF, Step LF to L side
7 8. Turn ¼R. Step back on RF, Recover on LF

S2. SIDE - BEHIND - CHASSE, ¼L. MODIFIED JAZZ BOX

1 2. Step RF to R side, Cross LF behind RF
3&4. Step RF to R side, Step LF next to RF, Step RF to R side
5 6 Cross LF over RF, Turn ¼L. Step back on RF
7&8. Step LF to L side, Step RF next to LF, Step LF to L side

S3. CROSS SHUFFLE - ½L. CROSS SHUFFLE, CROSS SHUFFLE- ½ L. CROSS SHUFFLE

1&2. Cross RF over LF, Lock LF slightly L side, Cross RF over LF
3&4. Turn ½L. Cross LF over RF, Lock RF slightly R side, Cross LF over RF
5&6. Cross RF over LF, Lock LF slightly L side, Cross RF over LF
7&8. Turn ½L. Cross LF over RF, Lock RF slightly R side, Cross LF over RF

S4. FORWARD SHUFFLE , FORWARD ROCK - RECOVER, ½L. FORWARD SHUFFLE , ¼ L. SWAY R/L

1&2. Step RF forward, Step LF next to RF, Step RF forward
3 4. Rock LF forward, Recover on RF
5&6. Turn ½L. Step LF forward, Step RF next to LF, Step LF forward
7 8. Turn ¼L. Step RF to R while sway R/L

Contact: sherrinaraymond@gmail.com
marchysusilani19@gmail.com
abadiharia@gmail.com

Last Update: 18 Aug 2024