

The Door

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Sue Korek (USA) - 17 August 2024
音乐: The Door - Teddy Swims
或: Night Changes - One Direction



Alternate Music:

Night Changes (One Direction—2014) bpm=120, Intro: 16 counts

No tags or restarts

Introduction: 32 counts

SECTION 1 (TWO STEP SCUFFS, TWO CROSS POINTS)

1-2 Step R forward, scuff L
3-4 Step L forward, scuff R
5-6 Step R forward, point L out
7-8 Step L forward, point R out

SECTION 2 (JAZZ BOX ¼ TURN RIGHT WITH HITCH, LEFT VINE WITH HITCH)

1-2 Step R across L, step L back
3-4 Make ¼ turn step R, hitch L
5-6 Step L left, step R behind L
7-8 Step L left, hitch R

SECTION 3 (ONE ROCKING CHAIR, VINE RIGHT)

1-2 Rock R forward, recover on L
3-4 Rock R back, recover on L
5-6 Step R to right side, step L behind R
7-8 Step R to right side, touch L beside R

SECTION 4 (HIP BUMPS, 2L, 2R, L, R, L, R)

1-2 Bump L hip twice to left
3-4 Bump R hip twice to right
5-6 Bump L hip once left, bump R hip once right
7-8 Bump L hip once left, bump R hip once right

I hope you enjoy this dance!

Please consider creating a Teach or Demo video.

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Last Update: 10 Nov 2024