

America's Sweetheart

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Gerry Frazer (USA) - August 2024
音乐: America's Sweetheart - Elle King



Restarts - Walls 5 and 8

[1-8] HIP BUMPS R, HIP BUMPS L, VINE R WITH TOUCH

1&2,3&4 Bump hips R-L-R, bump hips L-R-L

5,6,7,8 Step R to side, step L behind R, step R to side, touch L next to R

[9-16] HIP BUMPS L, HIP BUMPS R, VINE L WITH TOUCH

1&2,3&4 Bump hips L-R-L, bump hips R-L-R

5,6,7,8 Step L to side, step R behind L, step L to side, touch R next to L

Restart here during Wall 8 (starts at 3:00, restart occurs facing 3:00)

[17-24] STEP, HOLD, ROCK, RECOVER, BACK, HOLD, BACK, 1/4 TURN L (9:00)

1,2,3,4 Step R forward, hold, rock forward on L, recover back onto R

5,6,7,8 Step back on L, hold, step back on R, turn 1/4 L and step L to side

Restart here during Wall 5 (starts at 12:00, restart occurs facing 9:00)

[25-32] CROSS-ROCK, RECOVER, SIDE, HOLD, CROSS-ROCK, RECOVER, SIDE, HOLD

1,2,3,4 Cross R over L, recover onto L, step R to side, hold

5,6,7,8 Cross L over R, recover onto R, step L to side, hold

REPEAT

Ending - After finishing Wall 16 (starts at 6:00, finishes at 3:00), then, in a single count, do a left heel grind turning 1/4 L and stepping back on R (12:00).