

Haide

拍数: 32 墙数: 4 级数: Improver
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音乐: Haide (feat. The Kemist) (Greek Version / Phoebus Remix) - Helena Paparizou



Intro: 16 Counts, Start at approx 9 secs

SEC 1 Point, Together, Point, Together, ½ Paddle Turn

1-2 Point right to right, step right beside left
3-4 Point left to left, step left beside right
5-6 Turn ¼ left point right to right, turn ¼ left point right to right (9:00)
7-8 Turn ¼ left point right to right, turn ¼ left point right to right (6:00)

SEC 2 Cross Rock Side, Cross Rock Side, Cross, Side, Cross Shuffle

1&2 Cross rock right over left, recover weight onto left, step right to right
3&4 Cross rock left over right, recover weight onto right, step left to left
5-6 Cross right over left, step left to left
7&8 Cross right over left, step left beside right, cross right over left

***Restart Here on Wall 5, Change 7&8 to the following then Restart**

*7-8 Cross right over left, step left beside right

SEC 3 Cross, Side, Cross Shuffle, Samba Whisk, Samba Whisk

1-2 Cross left over right, step right to right
3&4 Cross left over right, step right beside left, cross left over right
5&6 Step right to right, rock left back, recover weight onto right
7&8 Step left to left, rock right back, recover weight onto left

SEC 4 ¼ Samba Whisk, Samba Whisk, Mambo Step, Back Mambo

1&2 Turn ¼ left step right to right, rock left back, recover weight onto right (3:00)
3&4 Step left to left, rock right back, recover weight onto left
5&6 Rock right forward, recover weight onto left, step right beside left
7&8 Rock left back, recover weight onto right, step left beside right