

Goodbye Sophie

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Susan Goodman (USA) & Sue Korek (USA) - 16 August 2024
音乐: Leave Before You Love Me - Marshmello & Jonas Brothers
或: Save Your Tears - The Weeknd



Alternate Music:
Save Your Tears (The Weeknd--2020), bpm=120, Intro: 16 counts

No tags or restarts
Introduction: 16 counts
Begin with weight on left (L) foot

SECTION 1 (MOTOWN SHUFFLE)

1-2 Step R forward diagonally, shuffle L beside R
3-4 Step R forward diagonally, touch L beside R
5-6 Step L forward diagonally, shuffle R beside L
7-8 Step L forward diagonally, touch R beside L

SECTION 2 (BACKWARD TOUCHES)

1-2 Step R backward diagonally, touch L beside R
3-4 Step L backward diagonally, touch R beside L
5-6 Step R backward diagonally, touch L beside R
7-8 Step L backward diagonally, touch R beside L

SECTION 3 (GRAPEVINE RIGHT, GRAPEVINE LEFT ¼ TURN)

1-2 Step R to right side, step L behind R
3-4 Step R to right side, touch L beside R
5-6 Step L to left side, step R behind L
7-8 Turn 1/4 step on L, touch R beside L

SECTION 4 (HIP BUMPS, ROCKING CHAIR)

1-2 Bump R hip twice to right side
3-4 Bump L hip twice to left side
5-6 Rock R forward, recover on L
7-8 Rock R backward, recover on L

We hope you enjoy this dance!

Please consider creating a Teach or Demo video.

Contacts:
susanagoodman56@gmail.com and/or suekorek@gmail.com

Last Update: 28 Sep 2024