

It IS a Woman's World (The TAP, SMACK, CLAP Dance)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sue Czechel (USA) - August 2024
音乐: WOMAN'S WORLD - Katy Perry



Intro: 16 counts

WALK FORWARD 4, OPEN R OPEN L, CLAP 2X, HIP SWAYS R, L

1-4 Walk forward R, L, R, L
&5 Step R leg open to R, step L leg open to L
&6 Clap 2x
7,8 Sway hips R smooth, sway hips L ending sharp

STEP R, CROSS, TRIPLE STEP, WALK, WALK, TAP, SMACK, CLAP

1,2 Step R forward to R diagonal, cross L in front of R
3&4 Step R to R side, step L next to R, Step R to R side (triple step to side facing forward)
5,6,7 Walk L, R (forward to R diagonal), TAP L next to R
&8 SMACK L hip with L hand in an upward motion while pressing L hip up and out, CLAP

STEP L, CROSS, TRIPLE STEP, WALK, WALK, TAP, SMACK, CLAP

1,2 Step L forward to L diagonal, cross R in front of L
3&4 Step L to L side, step R next to L, Step L to L side (triple step to side facing forward)
5,6,7 Walk R, L (forward to L diagonal), TAP R next to L
&8 SMACK R hip with R hand in an upward motion while pressing R hip up and out, CLAP

PADDLE TURN 2X TO CORNERS, ROCKING CHAIR WITH A TWIST IN FRONT

1,2 Tap R to R side towards front L corner (10:30) as lift left heel, drop heel as turn 1/8 L
3,4 Tap R to R side towards back L corner (7:30) as lift left heel, drop heel as turn 1/8 L
5 Finish turn to L (now facing 3:00) as place ball of R foot forward
&6 Twist hips and heels to R, bring them back to center (keeping weight more on L)
7,8 Rock R back, step L in place

***Easier – Counts 5-8 take out the twist and do a regular rocking chair – 5,6,7,8.**

(Stylize the dance according to the lyrics during the twist. Be creative and have fun!)

Contact: Susan.DanceandFitness@gmail.com (Sync Up With Sue Line Dancing)
<http://definitivedanceandfitness.com>