

Rock Around the Clock

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Lita Arnanda (INA) - August 2024
音乐: Rock around the Clock - The Glamophones : (Bill Haley & his Commet Cover)



Intro : 32 Counts - No Tag – No Restart

I. KICK FORWARD, KICK SIDE, TRIPLE STEP (RL)

1 2 3&4 RF kick Forward, RF kick to R side, step RF in place, LF beside RF, step RF in place
5 6 7&8 LF kick Forward, LF kick to L side, step LF in place, RF beside LF, step LF in place

II. K STEP

1 2 3 4 Diag Forward RF, touch LF beside RF, Diag backward LF, touch RF beside LF
5 6 7 8 Diag backward RF, touch LF beside RF, Diag forward LF, touch RF beside LF

III. HEELS STRUT (RL), BOOGIE WALK

1 2 3 4 Touch heel RF , RF recover, Touch Heel LF, LF recover
5 6 7 8 Boogie Walks forward R, L, R, L

IV. HEELS STRUT (RL), BACKWARD SHUFFLE (RL)

1 2 3 4 Touch heel RF , RF recover, Touch Heel LF, LF recover
5&6 7&8 backward RF, LF beside RF, backward RF , backward LF, RF beside LF, backward LF

V. TURN ¼ TO R JAZZBOX TOUCH

1 2 3 4 Touch RF cross LF, step RF in place, turn ¼ to R touch LF backward, step LF in place
5 6 7 8 Touch RF side to R, step RF in place, Touch LF beside RF, step LF in place

VI. BIG STEP TO SIDE, SLIDING, CROSS BEHIND, RECOVER (RL)

1 2 3 4 Big step RF to R side, sliding LF beside RF, LF cross behind RF, RF recover
5 6 7 8 Big step LF to L side, sliding RF beside LF, RF cross behind LF, LF recover
