

Merengue 1

拍数: 48 墙数: 4 级数: Beginner Merengue
编舞者: Unknown
音乐: Maria - Akord
或: 1 2 3 - El Símbolo



(Documented by Winnie Yu)

Intro: 32 count

Or any music with merengue tempo

Sec.1 STEPS TO LEFT , TOGETHER R] x 3, STEP & TOUCH

1-2 Step left to left side, step right next to left
3-4-5-6 Repeat 1-2 twice
7-8 Step left to left, touch right next to left

Sec.2 STEPS TO RIGHT, TOGETHER L] x 3. STEP & TOUCH

1-2 Step right to right side, step left next to right
3-4-5-6 Repeat 1-2 twice
7-8 Step right to right side, touch left next to right

Sec.3 CONGA LEFT, CONGA RIGHT

1-4 Make a ¼ turn left stepping forward L, R, L, pivot ½ turn right & touch R beside L (option: tag R heel forward) (weight on left) 3:00
5-8 Step forward R, L, R, pivot ½ turn left & touch L beside R
(option: tag R heel forward) (weight on right) 9:00

Sec.4 CONGA LEFT, CONGA RIGHT

1-4 Step forward L, R, L, pivot ½ turn right & touch R beside L
(option: tag R heel forward) (weight on left) 3:00
5-8 Step forward R, L, R, pivot ¼ turn left & touch L beside R
(option: tag R heel forward) (weight on right) 12:00

Sec.5 STAIRS STEP X 2

1-2 Step left to left side, step right next to left
3-4 Step left forward, step right next to left
5-8 Repeat 1-2, 3-4 (weight on right)

Sec.6 LONG WEAVE TO RIGHT, ¼ TURN RIGHT

1-2 Step left behind right, step right to right side
3-4 Step left across front of right, step right to right side
5-6 Step left behind right, step right to right side
7-8 Step left across R with 1/8 turn right (1:30), make a 1/8 turn right & step right next to left (3:00)

Styling note: use lots of hip movements

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