

# Pour Me One

拍数: 34                      墙数: 2                      级数: Improver  
编舞者: Jen Michele (USA) - August 2024  
音乐: Pour Me A Drink (feat. Blake Shelton) - Post Malone



**\*\*2 restarts: walls 5 and 9**

## Section 1 - Step forward, hold, ball, step, touch, back, back, coaster step

1-2&                      step right foot forward, hold for count 2, step on ball of left foot (next to right) 12:00  
3-4                      step right foot forward, touch left toe next to right 12:00  
5-6                      walk back left, right 12:00  
7&8                      left coaster step (step left foot back, right foot next to left, step left foot forward) 12:00

**\*\*RESTART HERE ON WALL 5\*\***

## Section 2 - Step forward, ½ pivot, shuffle forward, lean with a hold, sway right, sway left

1-2                      step right foot forward, make a ½ turn left (end up where your booty was) on balls of feet with weight ending of the left 6:00  
3&4                      shuffle forward – right, left, right  
**\*\*for my twisty turny people you can do a triple full turn going left as you step right, left, right\*\***  
5-hold 6                      Lean to the left (with space from right, hold for count 6 6:00  
7-8                      sway your hips right, then left (weight ending on left) 6:00

## Section 3 - Right grapevine with a flick behind. Left grapevine with a flick behind.

**\*\*\*you can also do rolling grapevines with a flick at the end!!!\*\*\***

1-2                      step right foot to side, left foot behind the right 6:00  
3-4                      step right foot to side, flick the left foot behind the right 6:00  
5-6                      step left foot to the side, right foot behind the left 6:00  
7-8                      step left foot to the side, flick the right foot behind the left 6:00

## Section 4 - Side, touch, side, hold. Toe and heel, and toe and heel and

1-2                      step right foot to the side, touch left toe next to the right 6:00  
3-4                      step left foot to the side, hold for count 4 6:00

**\*\*RESTART HERE ON WALL 9\*\***

5&6&                      touch right toe next to the left, then step on right, left heel forward, then step on left 6:00  
7&8&                      touch right toe next to the left, then step on right, left heel forward, then step on left 6:00

Enjoy!!!

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