

Way It Was

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Hiroko Carlsson (AUS) - August 2024
音乐: Way It Was (feat. Jaime Deraz) - NG : (Spotify/YouTube Music/Deezer/Apple Music)



Please feel free to contact me if you need any further information.
(hirokoinedancing@gmail.com) (Start immediately/Dance starts on lyrics)

[S1] Side, Behind Rock, 1/4R w/ Touch-1/4R-Cross, Side, Behind Rock, Spiral 3/4R, Fwd-Fwd

1 2& Step R to the side, Rock L behind R, Replace weight on R
3& Make a ¼ turn right stepping back on L (3:00), Touch R next to L
4& Make a ¼ turn right stepping R to the side (6:00), Cross L over R
5 6& Step R to the side, Rock L behind R, Replace weight on R
7 8& Step L to the side making a ¾ spiral turn right (3:00), Step forward on R, Step forward on L

[S2] Step-Pivot 1/2L, Rocking Chair, Fwd, 1/2R, Reverse Rocking Chair

1 2 Step forward on R, Make a ½ turn left recover weight on L (9:00)
3&4& Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L
5 6 Step forward on R, Make a ½ turn right stepping back on L (3:00)
7&8& Rock back on R, Replace weight on L Rock forward on R, Replace weight on L

-Restart here on Wall 3

[S3] Side Rock, Cross-1/4R-Switch-Hip Bump, Fwd-Step-Pivot 1/2L-1/2L-Switch-Hip Bump,

1 2 Rock R to the side, Replace weight on L
3& Cross R over L, Make a ¼ turn right stepping back on L toes (6:00)
4&5 Weight switch/step R next to L, Hip bump to the left (push L hip up), Replace L hip /weight remains on R
6& Step forward on L, Step forward on R
7& Make a ½ turn left recover weight on L (12:00), Make a ½ turn left stepping back on R toes (6:00)
8&1 Weight switch/step L next to R, Hip bump to the right (push R hip up), Replace R hip /weight remains on L

[S4] Shuffle Fwd, Padle 1/4R-Cross, 1/4L, 1/4L, Cross Rock

2&3 Shuffle forward on R-L-R
4&5 Touch forward on L, Make a ¼ turn right recover weight on R, Cross L over R (9:00)
6 7 Make a ¼ turn left stepping back on R, Make a ¼ turn left stepping L to the side (3:00)
8& Rock/across R over L, Replace weight on L

Restart on Wall 3 count 16 (9:00)

Ending suggestion: The last wall starts facing 9:00. Dance up to section 2 count 7& (12:00), run forward on R-L-R.

(updated: 16/July/24)