

The New Carioca

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Ira Weisburd (USA) - August 2024
音乐: The Carioca - Caetano Veloso



NO TAGS! NO RESTARTS!

Translation: Carioca is a native of Rio de Janeiro.

Introduction: Start dance on the "O" in CariOca at 15 seconds.

Part I. Bolero Box (2x) - Forward, Side Together; Back, Side Together. (S-Q-Q)

1 Step forward with L foot, hold
2& Step R to R side, Step-close with L beside R foot.
3 Step back with R foot, hold
4& Step L to L side, Step-close with R beside L foot.
5-8& Repeat Part I. (1-4&)

Part II. Four Twinkles ie. (Cross, hold, side, together 4x ; (S-Q-Q)

1 Step L across R
2& Step R to R, Step-close L beside R
3 Step R across L
4& Step L to L, Step-close R beside L
5-8& Repeat Part II. (1-4&)

Part III. Weave to R; Cross Rock, Recover, Side; Weave to L; Cross Rock, Recover, 1/4 R Turn

1& Step with L across R foot, Step R to R
2& Step with L behind R foot, Step R to R
3-4& Step with L across R foot, Rock back onto R foot, Step L to L
5& Step R across L, Step L to L
6& Step with R back, Step L to L
7-8& Step R across L , Step L back, Step R to R (making 1/4 R Turn (3:00)

Part IV. Step Forward, Forward, Recover; Step Back, Back, Recover; Forward: L,R,L,R); Pivot 1/2 turn R

1 Step forward with L
2& Step forward with R, Rock back onto L
3 Step back with R
4& Step back with L, Rock forward onto R
5 Step forward with L
6& Step forward with R, Step forward with L
7 Step forward with R
8& Step forward with L, pivot 1/2 turn to R onto R foot.(9:00)

REPEAT DANCE. (Facing 9:00.)

Last Update: 6 Aug 2024