

Baby Can I Hold You?

COPPER KNOB
STEPSHEETS

拍数: 38 墙数: 2 级数: Intermediate
编舞者: Glynn Rodgers (UK) - August 2024
音乐: Baby Can I Hold You - Tracy Chapman



[1-9] Basic Right, Side, Cross, Unwind Full Turn, Sway Right, Close, 1/8 Step, Mambo 1/2 Turn

- 1-2& Step right to right side, rock back on left, recover weight on to right.
3-4& Step left to left side, cross right over left, unwind full turn changing weight to left foot.
5-6-7 Sway hips right, step left beside right, turn 1/8 left stepping right forward/across left (10.30).
8&1 Rock forward left, recover weight onto right, turn 1/2 left stepping forward left (4.30).

Styling option: On chorus walls, cross your arms across your chest on count 7 and hold there for count 8. She will sing "Baby, Can I" as you sway for counts 5-6 and then "hold you" on counts 7-8. Drop your arms as she says tonight for count 9.

[10-16] Step, Triple Full Turn, Quick Rock, Run Back, Press, Recover 1/4 Turn.

- 2 Step forward forward right prepping to turn right.
3&4 Triple full turn right stepping - left-right-left. (or shuffle forward left)
5& Rock forward on to right foot, recover weight on to left.
6& Run back right-left.
7 Press back on to ball of right foot starting to turn right.
8 Recover weight onto left completing 1/4 turn right (7.30).

Styling option: Sway/push your shoulders right on counts 7 looking back over your right shoulder.

[17-25] Cross 1/8 Turn, Hinge 1/4 Cross, Side, Cross, Lunge, Recover 1/4 Turn, 1/4 Side, Back Rock & Side.

- 1 Turn 1/8 right crossing right over left (9.00)
2&3 Turn 1/4 right stepping back left, step right to right side, cross left over right (12:00).
4& Step right to right side, cross left over right. (or make full turn over left shoulder stepping right-left)
5-6 Lunge right to right side, recover weight on to left turning 1/4 left (9:00)
7 Turn 1/4 left taking large step to right side (6:00)
8&1 Rock left behind right, recover weight on to right, step left to left side.

Styling option: Extend/reach your right hand out to the right side looking towards 3:00 on count 5.

[26-32] Weave 1/4 Turn, Walk Forward, Mambo 1/2 Turn, Mambo 1/2 Turn.

- 2& Cross right behind left, turn 1/4 left stepping forward left (3:00)
3-4 Walk forward right-left. (Prissy walks if you prefer)
5&6 Rock forward right dipping slightly, recover weight on to left, turn 1/2 right stepping forward right. (9.00).
7&8 Rock forward left dipping slightly, recover weight on to right, turn 1/2 left stepping forward left (3:00).

Replace counts 5-8 with a mambo forward and back to remove turns.

***Restart here on Wall 3 - Start wall 3 facing 12:00 and restart facing 12:00 after count 32.**

***Restart here on Wall 5 - Start wall 5 facing 6:00 and restart facing 6:00 after count 32.**

[33-38] 1/4 Nightclub Right, Hinge 1/2 Turn, Cross, Sways.

- 1-2& Turn 1/4 left stepping right to right side (12:00), rock back left, recover weight on to right.
3-4& Turn 1/4 right stepping back left (3:00), turn 1/4 right stepping side right (6:00), cross left over right.
5-6 Sway right, sway left hitching knee slightly.

Big thanks to Carol Barnett for her help with this one!

START AGAIN & ENJOY!

Last Update: 13 Aug 2024
