

O Outta Country

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jesse Eschbach (USA) - August 2024
音乐: Take the 'O' Outta Country - The Chatahoochies



[1-8] HIP BUMPS R x2, L x2, CC HIP CIRCLES x2

1234 Bump hips right twice (1,2); bump hips left twice (3,4)
5678 Circle hips counterclockwise back and to the right (5), continue circling hips CC in front and to the left (6); repeat (7, 8)

[styling note: these aren't perfect circles. Majority of your weight should be on left when you end this sequence. And feel free to just do hip bumps R, L, R, L instead of circles!]

*RESTART here after wall 9. You'll be facing the 9:00 wall

[9-16] STEP TOUCHES: R, L W/ 1/4 CC, R, L

1234 Step R to right (1); touch L beside R (2); step L forward turning ¼ counterclockwise to 9:00 (3); touch R together (4)
5678 Step R to right (5); touch L beside R (6); Step L to left (7); touch R beside L (8)

[17-24] R GRAPEVINE W/ A FLICK, L GRAPEVINE

1234 Step R to right (1); cross L behind (2); step R to right (3); flick L foot up behind R (4)
5678 Step L to left (1); cross R behind (2); step L to left (3); touch R beside L (8)

[25-32] R HEEL FORWARD x2, R TOE BACK x2, R POINT FORWARD, SIDE, FLICK, DOWN

1234 Touch R heel forward twice (1,2); touch R toe back twice (3,4)
5678 Point R toe forward (5); Point R toe to right (6); flick R foot up behind L (7); return R to floor in preparation for the hip bumps/beginning of dance.

Song note: There's a part of the song near wall 9 where it feels like the music might slow down (lyrics right before are "I know I seem too good to be true"), but it doesn't! Keep dancing at the original tempo and that will take you through the little bridge/slowdown as well as the surprise/false ending. Repeat and enjoy – happy dancing!

Last Update – 12 Aug. 2024 – R1