When We Dance (Ballroom Cha)

墙数:1

级数: Intermediate

编舞者: V. Allen L. Isidro (USA) - August 2024

音乐: When We Dance - Sting

或: Acércate Más (feat. Nat King Cole) - Natalie Cole

Set 1 Step, forward, recover, shuffle back, rock, recover, shuffle right

- 1-2-3-4&5 Step R forward L recover R shuffle back L-R-L
- 6-7-8& Back R recover L side R together L

Set 2 Cross rock, recover, shuffle left, cross-side-cross

- 1-2-3-4&5 Side R cross L recover R side chasse L-R-L
- 6-7-8 Cross R side L cross or together R*

Set 3 Basic country cha forward & back

- 1-2-3&4 Forward L recover R shuffle back L-R-L 5-6-7&8 Back R – recover L – shuffle forward R-L-R
- 5-6-7&8 Back R recover L shuffle forward R-L-R

Set 4 Basic side cha, left and right

- 1-2-3&4 Side L -recover R shuffle in place L-R-L (or behind L side R cross L)
- 5-6-7&8 Side R recover L shuffle in place R-L-R (or behind R side L cross R)

Set 5 Step, cross rock, recover, shuffle right, cross rock, recover, shuffle left

- 1-2-3-4&5 Step L- cross R recover L side chase R-L-R
- 6-7-8& Cross L recover R side L– together R

Set 6 Sway left, right, left, right, back, recover, shuffle forward L-R-L

1-2-3-4 Hip sway L- sway R – sway L- sway R

5-6-7&8 Back L – recover R – shuffle forward L-R-L

START ALL OVER

NOTE (for the partner's point of view):

The partner will start all sets 1-8 on L & move accordingly, reverse, forward or mirror direction. *Cross-side-cross is where it is suggested to bring the partner to north-west-south-east change of direction to go around the dance floor.





拍数: 48