

Lonely Road

拍数: 32 墙数: 2 级数: Improver
编舞者: Gregory Danvoie (BEL), Jo Kinser (UK), jordy van den berg (NL), Mary Bee
Friedrich (DE) & Tommie Nijhuis (NL) - August 2024
音乐: Lonely Road - mgk & Jelly Roll



Intro: 16 cts – 0:11 start on the lyrics 'I'ma go downtown'.

S1. R Dorothy Step, Weave, Cross Rock, Recover, And, Cross Rock, Recover

1-2& RF step diagonal forward R, LF lock behind RF, RF step diagonal forward R
3-4& LF step L, RF step behind LF, LF step L
5-6& RF cross rock over LF, LF recover, RF step R
7-8 LF cross rock over RF, RF recover

S2. Ball Step ¼ Turn L, Vaudeville, Cross, Back, Ball Crossing Shuffle

&1-2 Ball of LF step next to RF, RF step forward, 14/ turn L LF step L (9:00)
3&4& RF cross over LF, LF step L slightly back, Touch R heel forward diagonal R, RF step back
5-6 LF cross over RF, RF step back
&7&8 Ball of LF step back, RF cross over LF, LF step L, RF cross over LF

S3. Heel Grind ¼ L, Coaster Step, Step ½ Turn L, ½ Turn L and R Shuffle Back

1-2 Touch L heel F forward making ¼ turn L, Recover RF (6:00)
3&4 LF step back, RF step next to LF, LF step forward
5-6 RF step forward, ½ turn L (12:00)
7&8 ¼ turn L RF step R, LF step next to RF, ¼ turn L RF step back (6:00)

S4. Coaster Step, Walk Forward, Heel And Touch And, Heel Switches

1&2 LF step back, RF step next to LF, LF step forward
3-4 RF step forward, LF step forward
5& R heel touch forward, RF step next to LF
6& LF touch behind RF, LF step back
7& R heel touch forward, RF step next to LF
8& L heel touch forward, LF step next to RF
