

Flashback!

拍数: 32 墙数: 4 级数: Beginner
编舞者: Yvonne Kostorz (DE) - August 2024
音乐: Flashback - ÁSDÍS



Intro: 32 Counts (starting the dance with the vocals)

2X Schuffle fw (1/8 Turn to R), Kick fw, Back-Back-Back (Together)

1&2 shuffle fw RF LF RF (1/8 Turn to R), LF (01:30)
3&4 shuffle fw LF RF LF
56 RF kick fw RF back,
78 LF back , RF little step back (together)

2x Shuffle fw (1/4 Turn to L), Kick fw-Back-Back-Back (Together)

1&2 shuffle fw LF RF LF (1/4 Turn to L) (10:30)
3&4 shuffle fw RF LF RF
56 LF kick fw ,LF back,
78 RF back, LF little step back (together)

V-Step (1/8 Turn to L), Out-Out-Klap, 2 x Heelbump (Heel-Drop)

12 RF fw to diagonal R, LF fw to diagonal L (1/8 Turn to R) (12:00)
34 RF back to center, LF back to center
&56 RF side to R (&), LF side to L (5) ,Klap (6),
78 2 X heel-bump (heel-Drop)

Heeltwists (both), Jazzbox (1/4 Turn to R)

1234 twist both heels to L R L center (ending with weight on LF)
5678 RF cross LF, LF back, RF side to R LF fw (1/4Turn to R), (03:00)

End of the dance is after wall 12 facing 12.00

Variation section 1 and 2:

Count 5: Clap your hands while dancing the kick fw

The music is very fast! Be sure to have enough practice with slower music.

Enjoy, smile and have fun!

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Last Update: 3 Aug 2024
