

# Elevate

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Nina Chen (TW) - August 2024  
音乐: Elevate (DJ John Paul Cha Cha Remix) - Jeff Grecia



**Start After Vocal Intro " DJ John Oaul Remix"**  
**No Tag & No Restart !**

**Sec1: (R & L) TOUCH OUT IN, FLICK - TOGETHER**

1-4            Touch Rf toe to R - Touch Rf toe beside Lf - Flick Rf back to R diagonal - Step Rf beside Lf  
5-8            Touch Lf toe to L - Touch Lf toe beside Rf - Flick Lf back to L diagonal - Step Lf beside Rf

**Sec2: (R & L) DIAGONAL FWD SHUFFLE, JAZZ BOX 1/4 R**

1&2, 3&4      Diagonal fwd shuffle (R L R) (L R L)  
5-8            Cross Rf over Lf - 1/4 turn R (3:00) step Lf back - Step Rf to R - Cross Lf over Rf

**Sec3: (R & L) CHASSE, ROCK BACK - RECOVER**

1&2, 3-4      Step Rf to R - Step Lf beside Rf - Step Rf to R, Rock Lf behind Rf - Recover on Rf  
5&6, 7-8      Step Lf to L - Step Rf beside Lf - Step Lf to L, Rock Rf behind Lf - Recover on Lf

**Sec4: (R & L) HEEL STRUT, HIPS BUMP**

1-4            Touch Rf heel to R diagonal fwd - Step Rf beside Lf - Touch Lf heel to L diagonal fwd - Step Lf beside Rf  
5&6, 7&8      Hips bump to R twice, Hips bump to L twice

**Have Fun & Happy Dancing !!!**

**Contact Nina Chen : [nina.teach.dance@gmail.com](mailto:nina.teach.dance@gmail.com)**