

Conga Mambo

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Santy Sept (INA) - August 2024
音乐: Conga (feat. Joellii) - Jenn Morel, Provenzano & Luca Testa



No Tag

Restart : on wall 5 after 8 counts

*Start Dance after 32 counts (22")

S1. *FORWARD MAMBO - BACK MAMBO - SIDE MAMBO*

1&2 Rock R Forward, Recover on L, R Close Beside L
3&4 Rock L Back, Recover on R, L Close Beside R
5&6 Rock R to Side, Recover on L, R Close Beside L
7&8 Rock L to Side, Recover on R, L Close Beside R

S2. *CROSS ROCK - CHASSE - CROSS ROCK - CHASSE ¼ TURN LEFT*

1-2 Cross R Over L, Recover on R
3&4 Step R to Side, L Close Beside R, R to Side
5-6 Cross L Over R, Recover on L
7&8 Step L to Side, R Close Beside L, ¼ Turn Left Step L Forward

S3. *CROSS SAMBA - BACK (R-L-R) WITH SHIMMY - CLOSE*

1a2 Cross R Over L, Ball L to Side, Recover on R
3a4 Cross L Over R, Ball R to Side, Recover on L
5-8 Step R Back, Step L Back, Step R Back, L Close Beside R (with Shimmy-Shimmy)

S4. *ELECTRIC KICK - SIDE SWAY (R-L-R) - CLOSE*

1-2 Step R Forward, L Kick Forward
3-4 Step L Back, R Close Beside L
5-6-7-8 Step R to Side with Sway (R-L-R) [Weight on R], L Close Beside R

Happy Dancing ☐

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Last Update – 24 Sep. 2024 – R1