

Paula's Waltz

COPPERKNOB
BY STEPHENETS

拍数: 48 墙数: 4 级数: High Improver - Waltz
编舞者: Lisa Franklin (CAN) - July 2024
音乐: All I Want (From the Netflix Series Bridgerton) - Tori Kelly : (from Bridgerton
Netflix series playlist)



I choreographed this dance as a surprise for my friend Paula Jugdev on the occasion of her 50th birthday dance party in Calgary, Alberta, Canada in July 2024.
We are both big fans of Bridgerton and I knew she liked this song!

Intro: 24 counts

Step Sweep x 2

1-3 Step left foot forward, sweep right foot around to front
4-6 Step right foot forward, sweep left foot around to front

Weave Right, Step Side & Drag

1-3 Cross left foot over right. Step right foot to right side. Step left foot behind right.
4-6 Step right foot to right side. Drag in left toe and touch next to right foot.

Left Twinkle, Right Twinkle with ½ Turn

1-3 Cross left foot over right. Step right foot to right side. Step left foot beside right foot.
4-6 Cross right foot over left. Step back on left foot turning ¼ (to face 3:00). Step right foot to side, turning ¼ (to face 6:00).

Cross Mambo, Back Balance

1-3 Step left foot slightly crossed over right. Step back on right foot. Step left foot next to right.
4-6 Step right foot back. Rock onto left foot behind right foot (looking back to 12:00). Recover on right foot.

****When you hear the lyrics "I'll be the dancer" on steps 4-6, sway your arms!**

Step Forward & Point, Hold, Step Back & Touch, Hold

1-3 Step left foot forward (6:00), point right toe to right side, hold
4-6 Step back on right foot, tap left toe across right, hold.

Basic Waltz Step With ½ Turn, Right Coaster Step

1-3 Step left foot forward into ½ turn left (12:00), step back on right foot, step left beside right
4-6 Step back right foot. Step left foot next to right. Step right foot slightly forward.

Half Diamond

1-3 Cross left foot over right. Step right foot to side. Step diagonally back on left foot (10:30).
4-6 Step back on right foot (10:30). Step left foot to side (9:00). Step forward on right foot (9:00)

Step Forward & Drag, Full Triple Turn Right

1-3 Step left foot forward and drag right toe to meet left.
4-6 Step R L R, turning a full turn over the right shoulder.

Repeat. No tags or restarts.