

Positive Vibes

拍数: 32 墙数: 4 级数: Improver
编舞者: Shellie Stone (USA) & Kate Bolio (USA) - July 2024
音乐: A Little Boogie Woogie - Foster Martin Band



No Tags or Restarts!!

[1-8] Step, Lock, Step, Scuff (x2), Rocking Chair, ¼ Pivot, Cross

1&2& Step R diagonally fwd (1), Lock L behind R (&), Step R diagonally fwd (2), Scuff L (&)
3&4& Step L diagonally fwd (3), Lock R behind L (&), Step L diagonally fwd (4), Scuff R (&)
5&6& Rock fwd onto R (5), Recover weight onto L (&), Rock back onto R (6), Recover weight onto L (&)
7&8 Step R fwd (7), Turn ¼ over left shoulder (&), Cross R over L (8)

[9-16] Step, Knee Slap, Step, Cross (x2), Coaster Step, Scooch 4x

1&2& Step L to left (1), Hitch R fwd with knee slap (&), Step R to right (2), Touch L behind R (&)
3&4& Step L to left (3), Hitch R fwd with knee slap (&), Step R to right (4), Touch L behind R (&)
5&6 Step L back (5), Step R next to L (&), Step L fwd (6)
7&8& Scooch fwd 4 times R L R L (7, &, 8, &)

[17-24] Mambo Fwd/Back, Mambo Cross, ¾ Turn R

1&2 Rock fwd onto R (1), Recover weight onto L (&), Step R back (2)
3&4 Rock back onto L (3), Recover weight onto R (&), Step L fwd (4)
5&6 Rock right onto R (5), Recover weight onto L (&), Cross R over L (6)
7&8 Step L to left with ¼ turn right (7), Step R back with ¼ turn right (&), Step L fwd with ¼ turn right (8)

[25-32] Shuffle Fwd, Half Pivot, Stomp, ¼ Turn R Weave

1&2 Step R fwd (1), Step L next to R (&), Step R fwd (2)
3&4 Step L fwd (3), Turn ½ over R shoulder (&) Stomp L fwd (4)
5&6& Turn ¼ over left shoulder and step R to right (5), Cross L behind R (&), Step R to right (6), Cross L in front of R (&)
7&8& Step R to right (7), Cross L behind R (&), Step R to right (8), Cross L in front of R (&)

Questions? Email: shelliestone33@gmail.com