

Bad Girl

拍数: 48 墙数: 1 级数: Beginner / Intermediate
编舞者: Chocolate Swirl (USA) - August 2015
音乐: Bad Girl - USHER



One wall dance: 4 parts and 1 tag (*slight change on R3)

Demo: <https://youtu.be/sGRQMqDMPk?feature=shared>

Rotations:

- 1 - 1,2,3,4
- 2 - 1,2,3,4, tag
- 3 - 1,2,3*,4, tag, tag

Part 1 (Verse)

- 1&2. Rt kick and cross tap left behind right
- 3&4. Rt kick and cross tap left behind right
- 5&6. Lt kick and cross
- 7,8. Half turn right to the back wall

(Repeat sequence on the back wall, returning to the front wall)

Part 2 (Verse)

- 1,2. Rock rt twist right knee, rock left (twist knee),
- 3,4. Rock double right (twist knee),
- 5,6. Rock left knee, rock right knee,
- 7,8. Rock with half turn left to back wall

(Repeat sequence on the back wall, returning to the front wall)

Part 3 (Verse)

- 1,2. Rt sailor,
 - 3,4. Lt sailor,
 - 5,6. Roll up Rt,
 - 7,8. Roll back on the rt
-
- 1,2. Lt sailor,
 - 3,4. Rt sailor,
 - 5,6. Roll up Left,
 - 7,8. Half turn left to the back wall

(Repeat sequence on the back wall, returning to the front wall)

Part 4 (Chorus - Bad Girl)

- 1,2. Step/roll Rt,
 - 3,4. Step/roll Lt,
 - 5,6. Open Rt,
 - 7,8 Open Lt (aka 4 corners)
-
- 1,2,3,4 Fall rt (Walk rt, lt, rt, lt)
 - 5 6. Fall left (lt, rt)
 - 7,8. Turn $\frac{3}{4}$ left

(Repeat sequence on the back wall returning to the front wall)

Restart (Rotation 2)

Part 1,2,3,4, tag

Tag ("Get Me One of Them")

1,2,3,4. Pump (or freestyle) for 4,
5,6,7,8. Swing ¼ left Pump (or freestyle) for 4
1,2. Rt salsa,
3,4. Rt salsa,
5,6. Left coaster,
7&8. ¼ right

(repeat pump sequence back to front wall)

Restart (Rotation 3)

Part 1,2,3*(slight change DO NOT change walls), part 4

Tag 2x

End of Dance

Last Update - 28 Jul. 2024 - R1
