

Andamento Lento

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Uli Elfrida (INA) - July 2024
音乐: Andamento lento - Lina Maddaloni



Section 1 : Walk Forward, Right Mambo, Walk Forward, Left Mambo

- 1 2 Step R forward, step L forward
- 3 & 4 Rock R to right side, recover on L, step R together
- 5 6 Step L forward, step R forward
- 7 & 8 Rock L to left side, recover on R, step L together

Section 2 : Pivot 1/2L Twice, Cross, Side, Cross Shuffle

- 1 2 Step R forward, pivot 1/2 turn left (facing 6.00)
- 3 4 Step R forward, pivot 1/2 turn left (facing 12.00)
- 5 6 Cross R over L, step L to left side
- 7 & 8 Cross R over L, step L to left side, cross R over L

Section 3 : L Samba Whisk, R Samba Whisk, 1/4L Fwd, 1/4L Fwd, 1/4L Fwd Shuffle

- 1 2 & Step L to left side, rock R behind L, recover on L
- 3 4 & Step R to right side, rock L behind R, recover on R
- 5 6 1/4 turn left stepping L forward (facing 9.00) 1/4 turn left stepping R forward (facing 6.00)
- 7 & 8 1/4 turn left stepping L fwd, step R next to L, step L fwd (facing 3.00)

Section 4 : R Cross Samba, L Cross Samba, Kick Ball Step, Sway

- 1 & 2 Cross R over L, rock L slightly to left side, recover on R
- 3 & 4 Cross L over R, rock R slightly to right side, recover on L
- 5 & 6 Kick R forward, step R in place, step L together
- 7 8 Sway R - L

Happy Dancing!

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