

Like The Way I Do

COPPERKNOB
BY STEPHENETS

拍数: 72 墙数: 1 级数: Low Advanced
编舞者: Roy Verdonk (NL) & Raymond Sarlemijn (NL) - July 2024
音乐: Like the Way I Do - Melissa Etheridge



Intro: 32 Counts, Start at approx 19 secs

SEC 1 Kick Ball Cross, Press, Heel Twist, Weave, Side, Touch, Point

1&2 Kick right forward to right diagonal, step right beside left, cross left over right
3&4 Press right to right, twist right heel to right, twist right foot to centre weight on left
5&6 Step right behind left, step left to left, cross right over left
7&8 Step left to left, touch right beside left, point right to right

SEC 2 Step, ½ Hip Roll Sweep, Weave, ½ Bounce Heels, ½ Kick Out Out

1-2 Step right forward, turn ½ left rolling hips anticlockwise from left to right sweeping left from front to back (6:00)
3&4 Step left behind right, step right to right, cross left over right
5-6 Turn ¼ right bounce both heels, turn ¼ right bounce both heels (12:00)
7&8 Kick right forward, step right to right, step left to left

SEC 3 Hip Roll, Hip Roll, Touch Ball Cross, ¼ Back, ½ Shuffle

1-2 Roll hips anticlockwise from left to right
3 Roll hips clockwise from right to left
4&5 Touch right to right, step right beside left, cross left over right
6 Turn ¼ left step right back (9:00)
7&8 Turn ¼ left step left to left, step right beside left, turn ¼ left step left forward (3:00)

SEC 4 ¼ Side Slide, Touch, Ball Touch, Ball Touch, ¾ Box

1-2 Turn ¼ left step right to right sliding left towards right, touch left beside right (12:00)
&3&4 Step left forward, touch right beside left, step right forward, touch left beside right
5-6 Step left to left, turn ¼ right step right to right (3:00)
7-8 Turn ¼ right step left to left, turn ¼ right step right to right (9:00)

SEC 5 Cross, Point, ⅛ Flick, Step, ¼ Side, ¼ Step, Step, ½ Pivot, ¼ Side, ¼ Lock, Back, Lock

&1-2 Cross left over right, point right to right, turn ⅛ left flick right back (7:30)
3&4 Step right forward, turn ¼ right step left to left, turn ¼ right step right forward (1:30)
5-6 Step left forward, pivot ½ right transferring weight on to right (7:30)
7&8& Turn ¼ right step left to left, turn ¼ right lock right over left, step left back, lock right over left (1:30)

***Restart Here on Wall 2, do not dance final lock on count & to restart**

SEC 6 Back, Drag, Touch, ⅛ Out, Out, Knee Pop x2, Prep, Full turn Triple

1-2 Step left back dragging right towards left, touch right beside left
&3 Turn ⅛ left step right to right, step left to left (12:00)
&4 Pop both knees forward, straighten knees

***Restart Here on Wall 5, Dance the Tag then restart**

&5 Pop both knees forward, straighten knees
6 Transfer weight onto right
7&8 Turn ¼ left step left forward, turn ½ left step right back, turn ¼ left step left to left (12:00)

SEC 7 Cross, Sweep, ¼ Jazzbox, Step, ¼ Pivot, Heel Twist, Heel Twist

1-2 Cross right over left, sweep left from back to front
3&4 Cross left over right, turn ¼ left step right back, step left to left (9:00)

5-6 Step right forward, pivot $\frac{1}{4}$ left transferring weight on to left (6:00)
&7&8 Twist left heel to right, twist left foot to centre, twist right heel to left, twist right foot to centre

SEC 8 Together, Cross, $\frac{1}{4}$ Back, $\frac{1}{2}$ Shuffle, Step, $1\frac{1}{4}$ Turn Side, Prep

&1-2 Step left beside right, cross right over left, turn $\frac{1}{4}$ right step left back (9:00)
3&4 Turn $\frac{1}{4}$ right step right to right, step left beside right, turn $\frac{1}{4}$ right step right forward (3:00)
5 Step left forward
6&7 Turn $\frac{1}{2}$ left step right back, turn $\frac{1}{2}$ left step left forward, turn $\frac{1}{4}$ left step right to right (12:00)
8 Twist upper body slightly right

SEC 9 $\frac{1}{4}$ Step, Hitch, $\frac{1}{2}$ Back, $\frac{1}{2}$ Step, Hitch, $\frac{1}{2}$ Back, $\frac{1}{2}$ Step, $\frac{3}{4}$ Together, Jump

1-2 Turn $\frac{1}{4}$ left step left forward hitching right knee, turn $\frac{1}{2}$ left step right back (3:00)
3-4 Turn $\frac{1}{2}$ left step left forward hitching right knee, turn $\frac{1}{2}$ left step right back (3:00)
5-6 Turn $\frac{1}{2}$ left step left forward, turn $\frac{3}{4}$ left step right beside left (12:00)
7-8 Jump both feet forward

Tag After 44 counts of Wall 6

Knee Pops

&1&2 Pop both knees forward, straighten knees, pop both knees forward, straighten knees
&3&4 Pop both knees forward, straighten knees, pop both knees forward, straighten knees (weight on left)

Arms Raise both arms forward over these 4 counts

Last Update - 28 Jul. 2024 - R1
