Amour Secret

级数: Intermediate



音乐: Amour secret - Hélène

Big thanks to Teacher Zhang for her suggestion of this wonderful piece of music!

Intro: 16

S1: Forward Dragging, Back Dragging, Back Sweep RL, Coaster Step, 1/2R Shuffle

- 1 step Rf forward dragging Lf towards Rf
- 2 step Lf back dragging Rf towards Lf
- 3-4 step Rf back sweeping Lf from front to back, step Lf back sweeping Rf from front to back
- 5&6 step Rf back, step Lf next to Rf, step Rf forward
- turn 1/4 to R stepping Lf to L, 3H, turn 1/8 to R locking Rf over Lf, 4:30H, turn 1/8 to R 7&8 stepping Lf back, 6H

S2: 1/4R Side Sway, Recover Lf Sway, 1/4R Forward, 1/4R Side, 3/4L Spiral, Shuffle forward, Forward 3/8R Lifting Lf Backwards

- 1-2 turn 1/4 to R stepping Rf to R looking to R, 9H, recover to Lf looking to L (sway meantime is optional)
- 3-4 turn 1/4 to R stepping Rf forward, 12H, turn 1/4 to R stepping Lf to L prep. for spiral to L, 3H
- 5 recover to Rf turning spiral 3/4 to L, 6H
- step Lf forward, step Rf next to Lf slightly forward, step Lf forward 6a7
- step Rf forward, turn 3/8 to R lifting Lf backwards, 10:30H 8&

S3: L Coaster, 1/8R Twinkle, Weave, Sway RL

- 1&2 step Lf back, step Rf next to Lf, Lf forward
- 3a4 cross Rf over Lf, turn 1/8 to R stepping Lf to L, 12H, recover to Rf
- 5a6 cross Lf over Rf, step Rf to R, cross Lf behind Rf
- 7-8 step Rf to R swaying to R, sway to L dragging Rf towards Lf

S4: Chasse R, 1/4L Shuffle forward with a 1/2 L sweep, Cross, 1/4R Back, Side, Cross Rock Recover Side

- 1a2 step Rf to R, step Lf next to Rf, step Rf to R looking to R side
- 3a4 turn 1/4 to L stepping Lf forward, 9H, step Rf next to Lf, step Lf forward sweeping Rf from back to front with a 1/2L turn, 3H
- 5a6 cross Rf over Lf, turn 1/4 to R stepping Lf back, 6H, step Rf next to Lf
- 7a8 Cross rock Lf over Rf, recover to Rf, step Lf to L

Tag: 8C x 4, after W4

Forward Sweep Forward Point; Back Sweep Back Hook 1/4R

- 1-2 step Rf forward sweeping Lf from back to front, step Lf forward sweeping Rf from back to front
- 3-4 step Rf forward sweeping Lf from back to front, step Lf forward pointing Rf to R
- 5-6 step Rf back sweeping Lf from front to back, step Lf back sweeping Rf from front to back
- 7-8 step Rf back sweeping Lf from front to back, step Lf back hooking Rf over Lf with a 1/4R turn

After Tag, dance 2 more walls to finish the dance facing front.

Thanks and happy dancing!

Contact: procankm@hotmail.com

Last Update: 8 Aug 2024





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