

Shake

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Amanda Giovannucci (USA) - July 2024
音乐: Shake - Jay Webb



Start on words "She'll pass up the wine to shoot that whiskey "

(1-8) Diagonal step and clap x2, back lock step, coaster, pivot

1& - Step RF diagonal forward, clap
2& - Step LF diagonal forward, clap
3&4 - Step RF back, cross LF over RF, step RF back
5&6 - Step LF back, step RF together to LF step LF forward
7&8 - Step RF forward, turn ½ over L shoulder

(9-16) rock/recover, weave, pivot, wizard

1&2 - Take weight on RF, recover to LF,
3&4 - Step RF behind , step L side , Step RF across
5,6 - Step LF to L side, turn ¼ over R shoulder
7&8 - Step LF forward, lock RF behind LF, step LF forward

(17-24) - Modify Vaudeville, hold, hip bump x2 , ball cross

1,2& - Step RF to R side, step LF behind RF, step RF to R side
3,4 - Touch LF heel diagonally forward L, hold
5&6 - bounce R hip twice
&7 - Step RF across
8 - step LF to L side

(25-32) sailer step x2, toe/heel lead x2

1&2- Step RF behind LF, step ball of LF side LF, step RF side R
3&4 - Step LF behind RF, step ball of RF side R, step LF side L
5,6 - Step R toe forward, place heel
7,8 - Step L toe forward, place heel

Restart on wall 3 after the first chorus - after the first 8 counts of the song

Last Update: 28 Jul 2024