

Pop Lock & Boogie

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Michael Lynn (UK) - July 2024
音乐: Boot Scoo'n' Boogie (Real Hypha Remix) - Brooks & Dunn



(32 count intro - 14 secs approx)

SEC 1 HEEL, HOOK, STEP, STEP, 1/2 PIVOT, STEP LOCK STEP, ROCK

1-2 Touch right heel forward, touch right toe over le]
3&4 Step right forward, step le] forward, pivot ½ right transferring weight on to right (6:00)
5&6 Step le] forward, lock right behind le], step le] forward
7-8 Rock right forward, recover weight onto le]

SEC 2 BACK, KNEE POP, BACK, KNEE POP, BACK SWEEP, BACK SWEEP, BACK ROCK RECOVER

1&2 Step right back, pop both knees forward, straighten both knees
3&4 Step le] back, pop both knees forward, straighten both knees
5 Step right back sweeping le] from front to back
6 Step le] back sweeping right from front to back
7-8 Rock right back, recover weight onto le]

Restart Here on Walls 3 and 6

SEC 3 STEP, 1/4 SAILOR HEEL, HOLD, BALL CROSS, SIDE, REVERSE CROSS SHUFFLE

1 Step right forward
2&3 Turn ¼ le] step le] behind right, step right to right, touch le] heel to le] diagonal (3:00)
4 Hold
&5-6 Step le] beside right, cross right over le], step le] to le]
7&8 Step right behind le] popping le] knee, step le] beside right, step right behind le] popping le] knee

SEC 4 SIDE ROCK RECOVER, 1/4 SAILOR, TURNING POP TOUCHES X4

1-2 Rock le] to le], recover weight onto right
3&4 Turn ¼ le] step le] behind right, step right to right, step le] forward (12:00)
5& Step right forward, turn ⅛ le] touch le] beside right (10:30)
6& Step le] forward, turn ⅛ le] touch right beside le] (9:00)
7& Step right forward, turn ⅛ le] touch le] beside right (7:30)
8& Step le] forward, turn ⅛ le] touch right beside le] (6:00)

RESTARTS

On walls 3 & 6 dance 16 counts and restart the dance. This is so the heel/toe do-si-do hits the lyrics of the track.