

Midnight Espresso

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: V. Allen L. Isidro (USA) - July 2024
音乐: Midnight Mess Around - Old Dominion
或: Espresso - Sabrina Carpenter



Set 1 Step, forward, recover, shuffle back, rock, recover, side, together

1-2-3-4& Step R – forward L – recover R – step L – together R

5-6-7-8& Back L – back R - recover L - side R – together L

Set 2 Side, cross, recover, side chasse, cross, side, together

1-2-3-4& Side R – cross L - recover R – side L – together R

5-6-7-8 Side L – cross R - side L – together R

Restart on wall 5 facing 12:00 after changing steps 7-8 with side L-hold (if dancing to Midnight Mess Around; no restart if dancing to Espresso by Sabrina Carpenter.)

Set 3 Forward, recover, coaster shuffle, rocking chair (or 2 half-pivots*)

1-2-3&4 Forward L – recover R – coaster shuffle L-R-L

5-6-7-8 Forward R - recover L – back R – recover L

(*or forward R – half pivot L – forward R – half pivot L)

Set 4 Side, recover, sailor shuffle, cross rock, recover, ¼ turning sailor shuffle

1-2-3&4 Side R - recover L – sailor shuffle R-L-R

5-6-7&8 Cross L – recover R – ¼ turning sailor shuffle L-R-L @ 9:00

START ALL OVER ON NEW WALL

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