

EZ Rope and Ride

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Lynn Card (USA) - July 2024
音乐: Should've Been a Cowboy - Toby Keith



(Revised Version For Beginners Of The Original Rope And Ride)

Start on lyrics.

TOE HEEL STRUTS (travel forward slightly)

1,2,3,4 Touch R toe forward, put R heel down, touch L toe forward, put L heel down
5,6,7,8 Touch R toe forward, put R heel down, touch L toe forward, put L heel down
(when this hits on the "rope and ride" lyrics, you can use your right hand to make a lasso motion)

POINT R, STEP TOGETHER, POINT L, STEP TOGETHER (do this staying in place unlike the other version)

1,2,3,4 Point R to right side, step R next to L, point L to left side, step L next to R
5,6,7,8 Point R to right side, step R next to L, point L to left side, step L next to R

ROCK BACK, RECOVER, STEP, CLAP, STEP, PIVOT TURN 1/2, STEP, CLAP

1,2,3,4 Rock R back, recover forward on L, step R forward, clap
5,6,7,8 Step L forward, pivot ½ turn clockwise and step R forward, step L forward, clap

ROCKING CHAIR x2

1,2,3,4 Rock R forward, recover back on L, rock R back, recover L forward
5,6,7,8 Repeat counts 1-4

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