

Adios

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Joan Morro (ES) - July 2024
音乐: ADIÓS (Live Version) - Maria Becerra & Ráfaga



Intro: 32 counts

[1-8] TOE TOUCH X 2, MAMBO SIDE R, MAMBO FWD, MAMBO BWD

1&2& RF Toe touch fwd, RF Step in place, LF toe touch fwd, Lf step in place
3&4 RF Rock side R, LF Recover, RF step together LF
5&6 LF Rock Fwd, RF Recover, LF Step together RF
7&8 RF Rock Bwd, LF Recover, RF Step together LF

[9-16] TOUCH FWD X 2, 1/2 TURN R, MAMBO SIDE R, COASTER STEP, SHUFFLE FWD

1-2 LF Toe touch fwd with hips movement X 2
3&4 RF 1/2 turn R & rock side L, RF recover, LF step together RF (Facing 6:00)
5&6 RF step bwd, LF Step bwd together RF, RF Step fwd
7&8 LF Step fwd, RF Step fwd near RF, LF Step fwd

Restart on wall 3

[17-24] ROLLING COASTER STEPS, MAMBO SIDE R, SIDE TOE TOUCH & CLAP, STOMP & CLAP X 2

&1&2 RF up your knee making a rolling bwd, RF step bwd, LF step bwd together RF, RF Step fwd
&3&4 LF up your knee making a rolling bwd, LF Step bwd, RF Step bwd together LF, LF step fwd
5&6 RF Mambo side R, LF Recover, RF step together LF
7-8 LF Toe Touch side L & Clap, LF Stomp side L & clap (weight on LF)

[25-32] CHASSE SQUARE

1&2 RF Step side R, LF Step together RF, RF Step side R
3&4 RF ¼ turn L & LF step side L, RF Step Together LF, LF Step side L (facing 3:00)
5&6 LF ¼ turn L & RF Step side R, LF step together RF, RF Step side R (facing 12:00)
7&8 RF ¼ turn L & LF step side L, RF Step Together LF, LF Step side L (facing 3:00)

Restart: after count 16 on wall 3, make a restart, you are facing 12:00

ENJOY THE DANCE

Last Update: 25 Jul 2024