

Shake It (SISTAR)

COPPERKNOB
BYEFOHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kim HyunSun (KOR) - July 2024
音乐: Shake It - SISTAR



No Tag. No Restart

Start: After 48 Counts

Sec.1) HEEL TOUCH. TOGETHER. CHASSE. SIDE. HIP PUSH(RLRL)

1~2 R side heel touch. R together touch
3&4 R chasse
5~8 R side with hip push back(RLRL)

Sec.2) HEEL SWIVEL. TOGETHER TOUCH. VINE STEP. ROCK&RECOVER. COASTER

1~2 L heel swivel. L together touch
3&4 L side. R behind. L side
5~8 R rock&recover. R coaster

Sec.3) CROSS. POINT. CROSS. POINT. BWD×2. BACK ROCK. RECOVER. TOGETHER

1~4 L cross. R point. R cross. L point
5~8 L bwd. R bwd. L back rock. R recover on. L together

Sec.4) PADDLE TURN 3/4 FACING 3:00. HIP SHIMMY

1~3 R 1/8 turn left touch. R 1/4 turn left touch. R 1/4 turn left touch
4 R together touch in facing 3:00
5~8 hip shimmy

Happy Dancing

Thank you so much

Last Update: 24 Jul 2024