

Jump

拍数: 72 墙数: 2 级数: Intermediate
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音乐: Jump - First Time Flyers



Intro: 8 counts from start of beat

TAG: At the end of Wall 2 facing 12 o'clock (see below)

S1: DOROTHY STEPS X 2 & TOE & HEEL & STEP SCUFF

1 – 2& Step right forward slightly towards right diagonal, step left behind right, step right forward
3 – 4& Step left forward slightly towards left diagonal, step right behind left, step left forward
5&6& Tap right toe behind left, step back on right, touch left heel forward, step down on left
7 – 8 Step forward on the right, Scuff left

S2: FORWARD ROCK, ½ SHUFFLE, ½ SHUFFLE, COASTER STEP

1 – 2 Rock forward on to the left, recover on the right
3 & 4 ½ shuffle leading with left to left (to face 6 o'clock)
5 & 6 ½ shuffle leading with right to left (to face 12 o'clock)
(non turning option for 3&4, 5&6 – make 2 x back shuffles)
7 & 8 Step back on the left, step right next to left, step forward on the left

S3: SIDE ROCK, BEHIND SIDE CROSS, ROCK ¼, FORWARD SHUFFLE

1 – 2 Side rock onto the right, recover on the left
3 & 4 Step right behind left, step left to the side, step right across left
5 – 6 Side rock onto left, recover ¼ turn onto right (to face 3 o'clock)
7 & 8 Forward shuffle leading with the left

S4: STOMP, HOLD, STOMP, HOLD, SIDE ROCK, SAILOR 1/4

1 – 2 Stomp right to the side, hold
3 – 4 Stomp left to the side, hold
5 – 6 Side rock onto the right, recover onto the left
7 & 8 Step right behind left, turn ¼ right onto the left (to face 6 o'clock), step right to the side

S5: SIDE SWITCHES, HEEL SWITCHES, TOUCH & HEEL & WALK, WALK

& 1 & 2 Step left next to right, Point right to right side, Step right next to left, Point left to left side
& 3 & 4 Step left next to right, Touch right heel forward, Step right next to left, Touch left heel forward
& 5 & 6 Step left next to right, Touch right toe back, Step onto right, Touch left heel forward
& 7 – 8 Step onto left, Walk forward right, Walk forward left

S6: CROSS SIDE ROCK, CROSS SIDE ROCK, ¼ TURNING JAZZ BOX

1 & 2 Cross right over left, rock onto the left, recover onto the right
3 & 4 Cross left over right, rock onto the right, recover onto the left
5 – 8 Cross right over left, step back on the left, make ¼ turn right stepping right to the side (to face 9 o'clock), Cross step left over right

S7: CHASSE RIGHT, ¼ SHUFFLE, ¼ SHUFFLE, ¼ SHUFFLE

1 & 2 Step right to the side, step left next to right, step right to the side
3 & 4 ¼ turn left stepping left to the side (to face 6 o'clock), step right next to left, step left to the side
5 & 6 ¼ turn left stepping right to the side (to face 3 o'clock), step left next to right, step right to the side

7 & 8 ¼ turn left stepping left to the side (to face 12 o'clock), step right next to left, step left to the side

S8: FORWARD ROCK, COASTER STEP, STEP, DRAG, KICK BALL CHANGE

1 – 2 Rock forward onto the right, recover onto the left
3 & 4 Step back on the right, step left next to right, step forward on the right
5 – 6 Step forward on the left, drag right to left (keep weight in the left)
7 & 8 Kick right forward, step on ball of right foot, step down on the left

S9: STEP ½ PIVOT, ROCKING CHAIR, STOMP, STOMP

1 – 2 Step forward on the right, ½ pivot left onto the left (to face 6 o'clock)
3 – 4 Rock forward onto the right, recover onto the left
5 – 6 Rock back onto the right, recover onto the left
7 – 8 Stomp right slightly to right side, Stomp left slightly to left side

TAG: Danced at the end of Wall 2, facing 12 o'clock:

24 counts, nice & easy. Simply dance Section 9 + Section 8 + Section 9

S1: STEP ½ PIVOT, ROCKING CHAIR, STOMP, STOMP (section 9 of the main dance)

1 – 2 Step forward on the right, ½ pivot left onto the left (to face 6 o'clock)
3 – 4 Rock forward onto the right, recover onto the left
5 – 6 Rock back onto the right, recover onto the left
7 – 8 Stomp right slightly to right side, Stomp left slightly to left side

S2: FORWARD ROCK, COASTER STEP, STEP, DRAG, KICK BALL CHANGE (section 8 of the main dance)

1 – 2 Rock forward onto the right, recover onto the left
3 & 4 Step back on the right, step left next to right, step forward on the right
5 – 6 Step forward on the left, drag right to left (keep weight in the left)
7 & 8 Kick right forward, step on ball of right foot, step down on the left

S3: STEP ½ PIVOT, ROCKING CHAIR, STOMP, STOMP (section 9 of the main dance)

1 – 2 Step forward on the right, ½ pivot left onto the left (to face 12 o'clock)
3 – 4 Rock forward onto the right, recover onto the left
5 – 6 Rock back onto the right, recover onto the left
7 – 8 Stomp right slightly to right side, Stomp left slightly to left side

ENDING: at the end of Wall 3 - STEP ½ PIVOT TO FACE THE FRONT

1 – 2 Step forward onto the right, ½ pivot left onto the left

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