

This Must Be, Pop

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: EunHye Song (KOR) - July 2024
音乐: Pop - *NSYNC



Intro : 8 Counts

Restart : After 16 counts of Wall 4 & facing (3:00)

Tag1 (8c) : After Wall 7 & facing (6:00)

Tag2 (4c) : After 16 counts of Wall 9 & facing (3:00)

S1. Forward, Kick, ball, step, Forward, Step 1/2, 1/4, Touch Behind

1-2&3 Step RF fwd, Kick LF fwd, Close RF next to LF on ball, Step RF fwd slightly on LF
4 Step LF fwd
5-6 Step RF fwd, 1/2 L turn stepping onto LF
7-8 1/4 L turn stepping RF to R side, Touch LF behind RF

S2. Hip Bump L, 1/4 Hip Bump R, Chugs 1/2R, Jump together

1&2 Touch LF to L side while Bumping hip up, Recover weight on RF, Step down on LF while Bumping hip down
3&4 1/4 R turn touch RF fwd while Bumping hip up, Recover weight on LF, Step down on RF while Bumping hip down
5&6& Pressing LF to L side, recover weight onto RF, 1/4 turn R pressing LF to L side, recover weight onto RF
7&8 1/4 turn R pressing LF to L side, recover weight onto RF, Jump both feet together

S3. Side, Knee pop, Diagonal, Knee pop, Walk, Walk, Out, Out, R knee pop

1&2 Step RF to R side, Turn knees out while raising heels, Lower heels (weight on RF)
3&4 Step LF to L diagonal, Turn knees out while raising heels, Lower heels (weight on LF)
5-6& Step RF fwd, Step LF fwd, Step RF to R diagonal
7-8 Step LF to L side, Pop R knee in

S4. Recover, 1/4 Sailor turn, 1/4 Stomp, Apple Jacks, 1/4 Forward, Close

1-2&3 Return knee back to neutral stepping RF down, Cross LF behind RF, 1/4 L turn stepping RF to R side, Step LF fwd
4 1/4 L turn stomp RF to R side
5&6 Twist L heel to R while R toe to R, Recover to center, Twist R heel to L while L toe to L (weight on LF)
7-8 1/4 turn R stepping RF fwd with body roll, Close LF next to RF

Tag1. After Wall 7 & facing (6:00)

1&2 Rock RF to R side, Recover weight on LF, Close RF next to LF
3&4 Rock LF to L side, Recover weight on RF, Close LF next to RF
5-8 Stomp RF next to LF with Body circle

Tag2. After 16 counts of Wall 9 & facing(3:00)

1-2-3-4 Jump both feet out(1) hold(2,3) Jump both feet in
(NOTE ; Make a free pose according to 1, 2, 3, 4 beats.)

I hope you enjoy this time and be happy.

Last Update: 3 Aug 2024

