

Heart of the Desert

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Laura Rittenhouse (AUS) - July 2024
音乐: Heart of the Desert - Laura Rittenhouse : (Using Udio AI)



NOTE: this music has been created by the choreographer, Laura Rittenhouse, using the AI tool Udio
Music available here: <https://www.udio.com/songs/3qAi4nbaQ4VKpCzx2b122f>

Start after 8 beats

S1: VINE RIGHT AND LEFT WITH SCUFFS

1,2,3,4 Step R to R, Cross L behind R, Step R to R, Scuff L foot beside R

5,6,7,8 Step L to L, Cross R behind L, Step L to L, Scuff R foot beside L

* TAG + RESTART here during Wall 5 (12:00)

S2: SHUFFLE FWD ON R TO L DIAGONAL, ROCK FWD, SHUFFLE BACK ON L, ROCK BACK

1&2,3,4 Shuffle R to L diagonal (R,L,R) (10:30), Rock L fwd, Recover on R

5&6,7,8 Squaring to 12:00 shuffle L back (L,R,L) (12:00), Rock R back, Recover on L

S3: K CLAP

1,2,3,4 Step R fwd on R diagonal, Touch L beside R & Clap, Step L back on L diagonal, Touch R beside L & Clap

5,6,7,8 Step R back on R diagonal, Touch L beside R & Clap, Step L fwd on L diagonal, Touch R beside L (or scuff) & Clap

S4: LINDY SHUFFLE R, TURN ¼ R WITH LINDY SHUFFLE L

1&2,3,4 Step R to R, Step L beside R, Step R to R, Cross rock L behind R, Recover on R

5&6,7,8 Step L to L, Step R beside L, Step L to L, Turning ¼ R cross rock R behind L (3:00), Recover on L

*TAG: 6 counts after S1 on Wall 5 (12:00)

ROCKING CHAIR, ROCK R FWD, RECOVER

1,2,3,4 Rock R fwd, Recover on L, Rock R back, Recover on L

5,6 Rock R fwd, Recover on L

then RESTART with S1

This dance is dedicated to my father. I'll see you soon in Arizona, Dad.

Last Update: 21 Jul 2024