

Superfreak

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Totoy Pinoy (USA) & Roly Ansano (USA) - July 2024
音乐: Super Freak - Rick James



Intro: 32

PRE-DANCE (32 C)

Sec 1 (C1-12) SIDE-TOGETHER-SIDE-TOUCH

1-4 Step R side, step L together, step R side, touch L together
5-8 Step L side, step R together, step L side, touch R together
9-12 Turn 1/4 right and repeat steps 1-4

Styling:

1-3 Strum imaginary guitar with right hand (3X)
5-7 Reverse arm position and strum with left hand (3X)
9-11 Reverse arm position and strum with right hand (3X)

Sec 2 (C13-24) HOP-AND-SIDE ROCK, TURN-AND-SIDE ROCK

&1-2 Hop L to left, step R slightly to left, hold
3-4 Rock L side, hold
5-8 Hinge 1/2 left and rock R side, recover, rock R side, hold
9-12 Hinge 1/2 right and rock L side, recover, rock L side, hold

Sec 3 (C25-32) FORWARD ROCK, COASTER STEP

1-2 Rock R forward, recover
3&4 Cross R behind, step L together, step R forward
5-6 Rock L forward, recover
7&8 Turn 1/4 left and cross L behind, step R together, step L forward

MAIN DANCE (32 C)

Sec 1 (C1-12)

1-8 Same as steps 1-8 (Sec 1) in PRE-DANCE
9-12 Turn 1/4 left and repeat steps 1-4

Sec 2 (C13-24)

1-12 Same as steps 1-12 (Sec 2) in PRE-DANCE

Sec 3 (C25-32)

1-8 Same as steps 1-8 (Sec 3) in PRE-DANCE

REPEAT MAIN DANCE ROUTINE

NOTE

When music slows down, keep dancing at normal rhythm.