

Body Talks

拍数: 32 墙数: 4 级数: Beginner
编舞者: Judy Rodgers (USA) - July 2024
音乐: Body Talks - Burak Yeter



Intro: 32

S1: Touch touch, sailor step, touch touch, sailor turn 1/4 L

1-2 Touch R fwd, touch R to right side
3&4 Step R behind L, step L to left side, step R to right side
5-6 Touch L fwd, touch L to left side
7&8 Turn 1/4 left step L behind R, step R to right side, step L to left side 9:00

S2: Rock, recover, shuffle turn 1/2 R, walk, walk, mambo

1-2 Rock R fwd, recover L
3&4 Turn 1/2 right shuffle R L R fwd 3:00
5-6 Walk L, walk R
7&8 Rock L fwd, recover R, step L back

S3: Turn 1/4 R, touch, coaster step, step/hip bumps R & L

1-2 Turn 1/4 right step R fwd, touch L beside R 6:00
3&4 Step L back, step R beside L, step L fwd
5&6 Step R fwd slightly right, shaking hips R L R
7&8 Step L fwd slightly left, shaking hips L R L

S4: Cross side behind turn 1/4 L, out out in in clap

1-4 Cross R over L, step L to left side, step R behind L, turn 1/4 left step L fwd 3:00
5-6 Step R fwd/out to right diagonal, step L fwd/out to left diagonal
&7-8 Step R back to center, step L beside R, clap

Last Update: 21 Jul 2024
