

For Ever And Ever

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Heather Holland (NZ) - July 2024
音乐: Forever and Ever, Amen - Randy Travis



Intro 16 count – Start on vocals

S1: Step R, L Fwd Mambo, Step Back L R Back Mambo

1-2 Step R Forward, L Forward
3&4 Step R fwd recover L Step R Beside R
5-6 Step L Back, R Back
7&8 Step L Back, Recover R, L Beside R

S2: R Lock Shuffle Fwd, L Lock Shuffle Fwd

1-2 Step R Forward, Lft behind right
3&4 Shuffle forward right, left right
5-6 Step Lft forward, Rt behind left
7&8 Shuffle forward left, right, left

S3: Side Rock, Behind Side Cross, Side Rock, Behind Side Cross

1-2 Rock R to R, Recover on Lft
3&4 Cross Rt behind Lft, Step Lft to Lft side, & cross Rt over Lft
5-6 Rock L to L side Recover on R
7&8 Cross L Behind R, Step L to L Side & Cross L over R

S4: ¼ Pivot, ¼ Pivot, Jazz Box

1-2-3-4 Step R Fwd, Pivot 1/4 Step R Fwd, Pivot 1/4,
5-6-7-8 Step R over L, L back, R to Side, L across R

RESTART: Wall 5 after count 16 *

ENDING: Slow on S3: steps 7&8 facing 12 O'clock

Email: hollandheather350@gmail.com