Changing the Rain to Sun



编舞者: Georgie Mygrant (USA) - June 2024

音乐: I Need More of You - Be Happy

或: Jerusalema (feat. Nomcebo Zikode) - Master KG

或: Alone with You (feat. Loé) - Y.V.E. 48

或: Ride It - Regard

或: Blowin' Smoke - Teddy Swims

或: Cry to Me - Dirty Dancing High School

或: I Like You (A Happier Song) (feat. Doja Cat) - Post Malone

Intro: 32 counts - NO TAGS

Cross Point Fwd.

1-4 Step R fwd. Point L to L side, Step L fwd. Point R to R side
5-8 Step R fwd. Point L to L side, Step L fwd. Point R to R side

Modified Walk Back

1-4 Step R fwd. Step back on L, Step back on R and hold5-8 Step back on L, Step back on R, Step back on L and hold

Vine R/L, Turning 1/4 L on last step

1-4 Step R to R side, Step I behind R, Step to R, Touch L

5-8 Step L to L side, Step R behind L, Step to L Turning ¼ L. Touch R to L

Vine R/L

Step R to R side, Step L behind L, Step to R, Touch L to R,
Step L to L side, R behind L, Step to L, Touch R to L

That's it! Nice and easy for beginners. I hope you like it. The hardest part for beginners is the second part, the Modified walk back. It will help them learn the holds in the counts. All I ask is that you do not alter routine without my permission. If you have any questions, please contact me and I will help you if I can. mygeo@adamswells.com or mygrantg@gmail.com

If you don't like this song, here is a few others you can try, or any 32 count song with no Tags will go with it.

Jerusalema By: Master KG Alone with you By: Y.V.E. Ride it By: Regard

Blown' Smoke By: Teddy Swim

Cry to Me By: Dirty Dancing High School

I Like You By: Post Malone

I hope this helps you. Never let a good routine past you by just because you don't like the song. Mix them up a little. Each time you hear a song with no tags, make a file of them, then you can put them to anything. Once they memorize the steps, they can learn to listen to the beat and head for the dance floor to do their routine.

