

Watch Me Dance

COPPERKNOB
STEPSHEETS

拍数: 58 墙数: 4 级数: Phrased Intermediate
编舞者: Jillian Zuch (USA) - June 2024
音乐: Dance The Night - Dua Lipa



Sequence: A, B, A, *Tag, ½ A, B, A, A, A, A, A

Intro is 16 counts (optional tag after 12 counts when lyrics begin)

Part A (32 counts):

Triple R, triple L, skates [1-8]

1&2 step R forward (1) bring left foot to right (&) step R forward (2)
3&4 step L forward (3) bring right foot to left (&) and step L forward (4)
5,6 slide R forward (5) slide L forward (6)
7,8 slide R forward (5) slide L forward (6)

Hip swivel R, hip swivel L, jump back x2 [9-16]

1,2 pop hips L (1) swivel hips to R (2)
3,4 pop hips R (3) swivel hips to L (4)
5,6 jump back (5) hold (6)
7,8 jump back (7) hold (8)

Hip bump R x2, sailor step R, sailor step L ¼ turn [17-24]

1-4 pop R hip up (1), pop R hip down (2) x2
5&6 step R behind L (5) step L side (&) R step together with L (6)
7&8 step L behind R (7) ¼ turn over L shoulder step R side (9:00) (&) L step forward (8)

V step, step touch x2 [25-32]

1,2 step R diagonal forward (1) step L diagonal forward (2)
3,4 step R diagonal back (3) step L diagonal back (4)
5,6 step R side (5) touch L to R (6)
7,8 step L side (7) touch R to L (8)

TAG: *4 count tag here after Wall 3

Hip swivels x4 [1-4]

1-4 sway hips R (1) sway hips L (2) x2

Part B (26 counts)

Kick R, point L, point R and slide, step back x2, sweep R ¼ turn [1-8]

1&2& kick R forward (1) quick step R back (&) point L side (2) quick step L to R (&)
3,4 point R side (3) slide R to L (4)
5,6 step back R (5) step back L (6)
7,8 sweep R front to back (7) ¼ turn over R (8) (12:00)

Step L roll, rock R, recover L, step R, step x2 ¼ turn, rock L [9-16]

1,2 step back L (1) body roll (2)
3,4 rock back R (3) recover L (4)
5,6 step forward R (5) step diagonal back L [¼ turn] (6)
7,8 step diagonal back R [¼ turn] (7) rock forward L (8)

Walk back x4, lunge L, lunge R [17-24]

1,2 step back R (1) step back L (2)
3,4 step back R (3) step back L (4)

5,6 lunge towards the L (5) hold (6)
7,8 lunge towards the R (7) hold (8)

Step, $\frac{3}{4}$ turn L [25-26]

1,2 step L behind R (1) unwind $\frac{3}{4}$ turn over L (2)
