

# Double Life

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Aurora de Jong (USA) - July 2024  
音乐: Double Life (From "Despicable Me 4") - Pharrell Williams : ((from Despicable Me)



Dance starts after 16 counts  
TAG: 4-count tag after wall 3  
(OPTIONAL 8-count tag after wall 10)

## R rocking chair, RL toe struts forward (with hip bumps)

1-2            Rock R forward (1), recover to L (2)  
3-4            Rock R back (3), recover to L (4)  
5-6            Step R toe forward bumping R hip right (5), Step down on R heel (6)  
7-8            Step L toe forward bumping L hip to left (7), Step down on L heel (8)

## R step forward, L star pattern, L step left, R touch behind with bounce unwind ½ right

1            Step R forward (1)  
2-4           Point L toe forward (2), point L toe to left side (3), point L toe back (4)  
5-6           Step L to left (5), touch R toe behind L (6)  
7-8           Bounce L heel up and down, turning ¼ right (3:00) (7), bounce L up and down, turning ¼ right (8) (6:00)

## R and L cross points, ¼ right R jazz box cross

1-2            Step R forward and across L (1), point L to left (2)  
3-4            Step L forward and across R (3), point R to right (4)  
5-6            Step R forward and across L (5), step L back making ¼ turn right (6) (9:00)  
7-8            Step R to right (7), step L across R (8)

## R step right with L heel extension, step together LR, step back LR, L coaster step

&1-2          Step R to right (&), extend L heel forward to the left diagonal (1), hold (2)  
&3-4          Step L to home (&), return R to home (3), hold (4)  
5-6            Step L back (5), Step R back (6),  
7&8          Step L back (7), step R back to L (&), step L forward (8)

## TAG: 4-count tag after Wall 3: Point R, replace, Point L, replace

1-2            Point R to right side (1), Step R to L (2)  
3-4            Point L to left side (3), Step L to R (4)

## \*\* Optional 8-count tag after Wall 10 - (you can dance right through this tag and it will be fine!)

1-2            Extend right arm to right (1), hold (2)  
3-4            Extend left arm to left (3), hold (4) (you're choosing sides!)  
5-7            Slowly bring arms overhead over 2 counts  
8            Drop arms and get ready to begin Wall 11

## Ending the dance:

If you do the optional tag after Wall 10, the dance will end after completing Wall 11, facing 3:00.  
You could make your final coaster step a ¼ left sailor step if you want to end at 12:00  
If you omit the tag and dance through it, the dance will end after 8 counts of Wall 12, facing 3:00.