

Hole in the Bottle

COPPERKNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: : Berkley Irwin (USA) - July 2024
音乐: Hole in the Bottle - Kelsea Ballerini



Notes: Dancing starts at lyrics. Start first rock recover on "&1"
No tags, no restarts!

Section 1: [1-8] ROCK RECOVER TOUCH, HEEL JACK, ¼ PIVOT, ½ TURNING TRIPLE

&1, 2, &3&4 rock recover back RL (&1), touch R next to L (2), step out R (&), cross L over R (3), step out R foot (&) L heel out (4)
&, 5-6, 7&8 bring L in to change weight (&), R ¼ pivot (9:00) (5-6), ½ turning triple RLR (3:00) (7&8)

Section 2: [1-8] STEP BACK, STEP TOGETHER, TRIPLE, SYNCOPATED WEAVE, STEP OUT, FLICK BEHIND

1, 2, 3&4 step back L (1), step together R (2), triple forward LRL (3&4)
5&6, 7, 8 step R behind L (5), step L to open (&), cross R in front of L (6), step out L (7), flick R behind L knee (8)

*Optional stylization: on flick (8), put hands on hips to be ~sassy~ OR use L hand to slap bottom of foot (or whatever you want to make it yours!)

Section 3: [1-8] STEP ¼ TURN, SCUFF, STEP, DOUBLE HEEL TWIST, COASTER, POINT x2

1, 2, 3, &4 step R ¼ turn (6:00) scuff (2), step L forward (3), double heel twist (&4)
5&6, 7&8 coaster back LRL (5&6), point R out (7), bring R in to change weight (&) point L out (8)

*Optional stylization: on scuff (2) add a hitch (knee bend)

Section 4: [1-8] BIG SWEEP, CROSS IN FRONT, OUT OUT, IN IN, HEEL x3, FLICK, HEEL

1, 2, &3&4 small jump to change weight onto L while sweeping R out around and forward (1), step R in front of L (2), step out L (&), step out R (3), step in L (&), touch R next to L (4)
5&6&7&8 R heel forward (5), step R in (&), L heel forward (6), step L in (&) R heel forward (7), R flick across front of L knee (&), R heel out (8)

*Dance Tip: to make weight transfer easier w/quick music, stay up on balls of feet during the out out (&3)

*Dance Tip: on the last R heel out (8) - don't put any weight on that leg! You will need to step back immediately on (&1) to start again from the beginning :)

Last Update: 22 Jul 2024