

Handle on You

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Ivan Garcia (USA) - July 2024
音乐: Handle On You - Parker McCollum



(32 count intro; start on vocals)

CROSS RIGHT ROCK OVER LEFT, RECOVER, SIDE ROCK, RECOVER, STEP BACK BEHIND LEFT, SIDE ROCK, RECOVER, STEP BEHIND RIGHT

1 2 cross rock RF over LF (1), recover on LF (2)
3 4 side rock RF (3), recover on LF (4)
5 6 7 8 step RF behind LF (5), side rock LF (6), recover (7), step LF behind RF (8) [12:00]

SIDE SHUFFLE 1/4 TURN R, STEP L 1/4 TURN R, SWEEP R BEHIND L, STEP R BEHIND L, SIDE SHUFFLE L

1&2 sidestep RF (1), together LF next to RF (&), side step RF (2) while making 1/4 turn right [3:00]
3 4 FWD step LF (3), step RF 1/4 turn R (4),
5 6 step FWD LF with a 1/2 turn right (5), sweep RF behind LF (6) [12:00]
7&8 side step LF (7), together RF next to LF (&), side step LF (8)

ROCK BACK R, RECOVER, (moving toward 1:30 diagonally) SHUFFLE TURN 1/2 L, SHUFFLE TURN 1/2, STEP FWD R AND 1/2 PIVOT L

1 2 rock back on your RF (1), recover LF (2)
3&4 Moving in a diagonal toward 1:30 1/2 turn L shuffle; step FWD RF 1/4 L turn (3), step LF next to RF (&), step back RF 1/4 L turn (4)
5&6 Moving in a diagonal toward 1:30 1/2 turn L shuffle; side step LF 1/4 L turn (5), bring RF next to LF (&), side step LF 1/4 L turn (6)
7 8 step FWD RF (7), 1/2 pivot turn R; weight on LF (8) [facing 7:30 diagonal]

CROSS R OVER L, POINT TOE L, CROSS L BEHIND R, POINT TOE R, SHUFFLE BACK R, SHUFFLE BACK L

1 2 cross step RF over LF and point your LF toes to the side (1)
3 4 step back with your LF behind your RF (3) and point your RF toes to the side (2)
5&6 step back RF (5), bring your LF in front of RF (&), step back RF (6)
7&8 step back LF (7), bring your RF in front of LF (&), step back LF (8) [facing 7:30 diagonal]

ROCK BACK R (LIFT LF), RECOVER, SHUFFLE FWD R, STEP FWD L, PIVOT 1/2 R, SHUFFLE BACK 1/2 TURN R

1 2 rock back your RF and lift your LF slightly off the ground (1), recover on to your LF (2)
3&4 FWD step RF (3), step LF behind RF (&), FWD step RF (4)
5 6 step FWD LF (5), step RF while making a 1/2 turn (6) [1:30] diagonal
7&8 FWD step LF 1/4 turn R (7), step RF next LF (&) step back LF 1/4 turn R (8) [facing 7:30 diagonal]

SIDE STEP R, JAZZ BOX L, SIDE STEP L, SAILOR R 1/4 TURN

1 sidestep RF (square off @ 9:00) (1)
2 3 4 5 step LF over RF (2), step back RF (3), side step LF (4), cross RF over LF (5)
6 7&8 side step LF (6), R SAILER Step RF behind L, step LF to L side, step RF to R side while making a 1/4 turn [12:00]

STEP FWD L, PIVOT 1/2 TURN R, SHUFFLE FWD L, ROCK FWD R, SHUFFLE BACK

1 2 step FWD LF (1), pivot 1/2 turn R step on RF (2) [6:00]

3&4 step FWD RF (3), step LF behind RF (&), step FWD RF (4)
5 6 rock RF FWD (5), recover back on LF (6)
7&8 step back on RF (7), bring LF front of RF (&), step back on RF (8)

BACK FULL TURN ROLL, SAILOR L, R SAMBA, L SAMBA

1 2 step back LF with a 1/2 turn L (1), step back RF with a 1/2 a turn L (2)
3&4 L SAILER: Step LF behind R, step RF to R side, step LF to L side over turn slightly L to face [6:00]
5&6 Cross R over L (1), rock L ball to left side (&) recover weight R (2)
7&8 cross L over R (3), rock R ball to right side (&), recover weight L (4)

REPEAT

TAG AT THE END OF 2ND WALL [12:00]:

JAZZ L WITH 1/4 TURN R, STEP RF PIVOT TURN 1/2, STEP BACK RF TURN 1/2 L, SIDE STEP LF TURN 1/4

1 2 3 4 cross RF over LF (1) step back on LF (2) side step RF (3) with ¼ turn R, FWD step LF (4)
5 6 7 8 FWD step RF (5) pivot turn 1/2 L weight onto LF (6) step back RF 1/2 L turn (7), side step LF with 1/4 turn L

FOR THE FINISH AT END OF 5TH WALL, CROSS RF OVER LF AND SLOWLY UNWIND 1/2 L TO FACE 12:00

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