

Hands On Me

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Russibell Seoh (KOR) - July 2024
音乐: Hands On Me (feat. Meghan Trainor) - Jason Derulo



Intro : 32 Counts

No Tag ! / No Restart !

Sec1 : Lindy R , L R Toe Switch

1&2 R Slide , Close L Next To R , R Slide
34 Cross Rock L Behind R , Recover On R
56 Touch L Toe Fwd Streching L Knee , Close L Next To R
78 Touch R Toe Fwd Streching R Knee , Close R Next To L

Sec2 : 1/4 R Turn Lindy L , R L Toe Switch

1&2 L Side , Close R Next To L , L Side
34 1/4 R Turn Cross Rock R Behind L , Recover On L
56 Touch R Toe Fwd Streching R Knee , Close R Next To L
78 Touch L Toe Fwd Streching L Knee , Close L Next To R

Sec3 : Cross R Over L , Kick L To L Diagonal Fwd , L Behind , R Side , Cross L Over R , Kick R To R Diagonal Fwd , Behind R , L Side

1234 Cross R Over L , Kick L To L Diagonal Fwd , L Behind , R Side
5678 Cross L Over R , Kick R To R Diagonal Fwd , Behind R , L Side

Sec4 : (R Fwd, Pivot 1/4 L Pivot Turn) X 2 , Boogie Woogie Walk R L R L

1234 (R Fwd, Pivot 1/4 L Pivot Turn On L)X2

Styling : With Half AntiClockwise Hip Roll

5678 Boogie Woogie Walk R L R L

Happy Dancing !!