

# Honey Dee

COPPER KNOB  
BY SHEETS

拍数: 64      墙数: 2      级数: Advanced  
编舞者: Dee Musk (UK) - July 2024  
音乐: Honey Boy (feat. Nile Rodgers & Shenseea) - Purple Disco Machine & Benjamin Ingrosso



#32 Count Intro – Approx 16 secs. Track approx 3 mins 47 secs. BPM 120.  
Track available from iTunes. [deedeemusk@gmail.com](mailto:deedeemusk@gmail.com)

## Step Left, Hitch Right, Ball, Walk, Walk, ½ Turn Left, ¼ Turn Left With Left Heel Twist, Step Back With Right Heel Twist, Right Coaster Step.

- 1,2&      Step forward on L, hitch R knee, step R beside L.
- 3,4      Walk forward L, walk forward R.
- 5,6      Make ½ turn L, make ¼ turn L stepping R to R side twisting L heel in with toes lifted and pointing out.
- 7      Step back on L twisting R heel in with toes lifted and pointing out.
- 8&1      Step back on R, step L beside R, step forward on Right. (3.00).

## Hold, Step Out L, Step Out R, Drag, Ball, Cross, Hinge ½ Turn Right, Kick, Ball, Cross.

- 2&3      Hold count 2, step out L, step out R.
- 4&5      Drag L to beside R, step down on L, cross R over L.
- 6,7      Make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side.
- 8&1      Kick L forward across and in front of R, step L to L side cross R over L. (9.00).

## Step Back, Step Side, Left Modified Lock Step Forward, Recover With Sweep, Back Sweep, Behind, Side, Cross.

- 2,3      Step back on L, step R to R side.
- 4&5      Step forward on L, cross R behind L, press forward on L.
- 6,7      Recover weight to R sweeping L to behind R, step back on L sweeping R to behind L.
- 8&1      Cross step R behind L, step L to L side, cross R over L. (9.00).

## Hold, Side, Behind, ¼ Turn Left, Step Right ¼ Turn Left, Step Left ¼ Turn Left, Right Shuffle Forward.

- 2&3      Hold count 2, step L to L side, cross step R behind L.
- 4      Make ¼ turn L stepping forward on L.
- 5-6      Make ¼ turn L stepping forward R, make ¼ turn L stepping forward L  
(making a walk around ½ turn Left).
- 7&8      Step forward R, step L beside R, step forward R. (12.00).

**\*\*Restart during wall 2 begin again facing 6.00.**

## Left Heel Grind, Recover, Ball, Right Heel Grind, Recover, Ball, Cross, Right ¼ Turn Forward Rock, Recover, ¼ Turn Right Step Side.

- 1,2&      Grind L over R, recover weight to R, step L beside R.
- 3,4&      Grind R over L, recover weight to L step R beside L.
- 5      Cross L over R.
- 6,7      Make ¼ turn R rocking forward on R, recover weight to L.
- 8      Make ¼ turn R stepping R to R side. (6.00).

## Cross, Back, Side, Cross, Back, Side, Cross Rock, Recover, ¼ Turn Left, Cross Rock, Recover, Side.

- 1,2&      Cross L over R, step back on R, step L to L side.
- 3,4&      Cross R over L, step back on L, step R to R side.
- 5,6,7      Cross rock L over R, recover weight to R, make ¼ turn L stepping forward on L.
- 8&1      Cross rock R over L, recover weight to L, step R to R side (keeping knees soft). (3.00).

**Touch, Point, Sailor Step, Cross, ¼ Turn Right, Right Lock Step Back.**

- 2,3            Touch L in front of R, point L to L side.  
4&5           Cross step L behind R, step R to R side, step L in place.  
6,7           Cross R over L, make ¼ turn R stepping back on L.  
8&1           Step back on R, cross L over R, step back on R. (6.00).

**Knee Pop Right, Knee Pop Left, Left Sailor Step, Right Sailor Step, Back, Together.**

- 2,3            Step back on L popping R knee, step back on R popping L knee.  
4&5           Cross step L behind R, step R to R side, step L in place.  
6&7           Cross step R behind L, step L to L side step R in place.  
8&            Step back on L, step R beside L. (6.00).

**For an Improver floor split, check out a cool dance by Charles Alexander - also called 'Honey Boy'.**

**"Huge thanks to my good friend Lillemor for sending me this cracking track!**

**Finishes facing 12.00 - Enjoy and Smile!**

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