

Cheng Zhang de Sui Yue (成长的岁月)

COPPER KNOB
STYLEDANCE™

拍数: 32 墙数: 4 级数: Beginner
编舞者: Penny Tan (MY) - July 2024
音乐: Cheng Zhang de Sui Yue (成长的岁月) - Long Piao-Piao (龍飄飄)



Intro 32C

*Tag 4C after W1 , W5 & W8 (each facing 3:00 , 3:00 & 12:00)

**Bridge after 16C on W1 , W5 & W8 (each facing 12:00 , 12:00 & 9:00)

**Tag / Bridge:Side Touch , Side Touch

1-4 Step RF to R , touch LF next to RF , step LF to L , touch RF next to LF

Main Dance (32C)

SEC1:SIDE CHASSE , BACK, RECOVER (R-L)

1&2 Step RF to R , step LF next to RF , step RF to R

3-4 Rock LF behind RF , recover on R

5&6 Step LF to L , step RF next to LF , step LF to L

7-8 Rock RF behind LF , recover on L

SEC2:WALK FWD KICK , WALK BACK TOUCH

1-4 Walk fwd R-L-R , kick LF fwd

5-8 Walk back L-R-L , touch RF next to LF

**Bridge after 16C on W1 , W5 & W8 (each facing 12:00 , 12:00 & 9:00)

SEC3:CROSS ROCKING CHAIR , CROSS, RECOVER , TOGETHER , POINT

1-4 Cross RF over LF , recover on L , step RF back , recover on L (10:30)

5-6 Cross RF over LF , recover on L

7-8 Squaring back and facing 12:00 , step RF next to LF , point LF out to L side

SEC4:1/4 TURN L FWD , PIVOT 1/2 TURN L , FWD SHUFFLE (R-L) , TOUCH

1-2-3 1/4 turn L , step LF fwd , step RF fwd (9:00) , 1/2 turn L , step LF fwd (3:00)

4&5 Fwd shuffle R-L-R

6&7 Fwd shuffle L-R-L

8 Touch RF next to LF

Last Update: 14 Jul 2024