

Me Quedo Contigo (I stay with you)

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Easy Improver
编舞者: Sebastiaan Holtland (NL) - July 2024
音乐: Contigo - Emma Heesters & Rolf Sanchez : (iTunes)



no Tags or Restarts.

Intro: 16 cts (0:11 secs).

S1. [1-8] L Side, R Rock Back Behind ¼ L, R Side, L Rock Back Behind, L Side, R Rock Back Behind ¼ L, R Boto Fogo.

1,2a LF step left (1), RF rock behind LF ¼ left (9.00) (2), RF recover (&).
3,4a RF step right (3), LF rock behind Rf (4), LF recover (a).
5,6a LF step left (1), RF rock behind LF ¼ left (6.00) (2), RF recover (a).
7a8 RF step fwd (7), LF rock left (a), RF recover (8).

S2. [9-16] L Samba Diamond ¼ L, ½ Volta L Arch.

1a2a RF step across RF (1) RF step right (a), LF step back 1/8 L (4.30) (2), RF Hitch R knee up (a).
3a4 RF step back (3), LF step left squaring up at (3.00) (a), RF step fwd (4).
5a6a LF step across RF (5), RF small step right (a), LF step across RF (6), RF small step right (a).
7a8 LF step across RF (7), RF small step right (a), LF step across RF squaring up at (9:00) weight onto LF (8).

S3. [17-24] R Boto Fogo, Triple Turn 1/2 L, R Boto Fogo, Triple Turn ½ L.

1a2 RF step fwd (1), LF rock left (a), RF recover (2).
3a4 ½ triple turn left (3.00) weight onto LF (3a4).
5a6 RF step fwd (5), LF rock left (a), RF recover (6).
7a8 ½ triple turn left (9.00) weight onto LF (7a8).

S4. [25-32] R Samba Diamond ¼ R, ½ Volta R Arch.

1a2a RF step across LF (1) LF step left (a), RF step back 1/8 R (10.30) (2), LF Hitch L knee up (a).
3a4 LF step back (3), RF step right squaring up at (12.00) (a), LF step fwd (4).
5a6a RF step across LF (5), LF small step left (a), RF step across LF (6), LF small step left (a).
7a8 RF step across LF (7), LF small step left (a), RF step across LF squaring up at (6:00) weight onto RF (8).

REPEAT THE DANCE AND HAVE FUN!!

Last Update: 15 Jul 2024